

9/28/2020

Dear Orchard Manor Residents, Families, Friends, and Staff,

The past several months have been trying, to say the least, at Orchard Manor. Since July 9, 2020 there have been 19 asymptomatic Residents and 8 asymptomatic staff members COVID-19 positive cases with all being resolved. I would like to thank the staff members for following all of the mitigating processes and for all of their dedication to the Residents and Orchard Manor. I would like to thank the family members for their understanding, compassion and continued support. Last, but definitely not least, thank you to the Residents for their understanding and assistance. I know this has been a drastic change for all of us, especially the Residents, and I truly appreciate everyone's help in stopping the spread of COVID-19 at Orchard Manor. With a lot of new processes starting to occur at Orchard Manor, I thought it would be best to present a detailed letter. Below you will find the important updates.

COVID-19 TESTING

Per CMS regulation, Orchard Manor's testing is required according to Mercer County's Covid-19 positivity rate. Nursing Homes must check their county's rate every other week on a specific day. If the rate is below 5%, staff member testing is to occur monthly, if the rate is 5% to 10% staff member testing is to occur weekly, and if the rate is above 10% staff member testing is to occur twice a week. This testing may help detect positive asymptomatic COVID-19 cases in staff members and therefore possibly lessen the spread of additional COVID-19 cases within a nursing home.

Please note that due to Mercer County's positivity rate being 5.1% on Friday, 9/25/2020, per regulation staff members will be tested again starting this week for a minimum of 4 weeks. If at any time a positive result is received, Residents that have not tested positive for COVID-19 within the last three months will be tested. Weekly outbreak testing of all Residents and staff members will be implemented until 14 days of no new positive cases.

RE-OPENING PROCESS

Per the Department of Health (DOH) guidelines, Orchard Manor is now able to enter into the re-opening process. There are three steps to the re-opening process. These steps take into account the Residents' psychosocial wellbeing while ensuring their safety. The re-opening steps for nursing homes comes with many new "norms". It is imperative to keep this in mind when reviewing the steps that will be taken and action that will occur if there is a positive staff member or Resident case.

Step 1-This step starts today, 9/28/2020. Residents may eat in the same room with social distancing (limited number of people at tables and spaced by at least six feet) and limited activities may be conducted with five or fewer Residents. Social distancing, hand hygiene, and universal masking are required. If at any point during Step 1 there is a new outbreak (1 positive staff member or Resident) Orchard Manor must cease Step 1 and return to no communal dining and no communal activities. Orchard Manor may reinstate Step 1 once going 14 days without any new cases.

Step 2-This step may start after Orchard Manor has gone 14 days in Step 1 without a new outbreak. It is tentatively scheduled to start on 10/12/2020. Please understand that this date is subject to change.

Residents may eat in the same room with social distancing (limited number of people at tables and spaced by at least six feet) and limited activities may be conducted with ten or fewer Residents. Social distancing, hand hygiene, and universal masking are required. Outdoor visitations (weather permitting), may occur on the Main Entrance Front Porch for Skilled Nursing Residents and on the Personal Care Patio for Personal Care Residents. If weather does not permit outdoor visitation, indoor visitation may occur in the Front Solarium for Skilled Nursing Residents and in the Conference Room for Personal Care Residents. The Beauty Shop will reopen with a limited number of Residents permitted in the area to ensure social distancing. If at any point during Step 2 there is a new outbreak (1 positive staff member or Resident) Orchard Manor must cease Step 2 and return to no communal dining, no communal activities and no visitations. Orchard Manor may reinstate Step 2 once going 14 days without any new cases.

Step 3-This step may start after Orchard Manor has gone 14 days in Step 2 without a new outbreak. It is tentatively scheduled to start on 10/26/2020. Please understand that this date is subject to change.

Residents may eat in the same room with social distancing (limited number of people at tables and spaced by at least six feet) and limited activities may be conducted with Residents. Social distancing, hand hygiene, and universal masking are required. Outings will be limited to two Residents in the wheelchair van and one Resident in the small van. Appropriate hand hygiene, and universal masking are required. Indoor visitation is permitted and may occur in the Front Solarium for Skilled Nursing Residents and in the Conference Room for Personal Care Residents. If at any point during Step 3 there is a new outbreak (1 positive staff member or Resident) Orchard Manor must cease Step 3 and return to no communal dining, no communal activities and no visitations. Orchard Manor may reinstate Step 2 once going 14 days without any new cases.

In order to prepare for these steps surveys were conducted by Social Services with Residents/Responsible Parties, except for Residents in Sunshine Way. Since this is our Dementia/Alzheimer's Unit, adaptations will be made daily while taking into account the Residents' wellbeing and needs at the given time. The Residents'/Responsible Party's preferences were noted regarding activities, communal dining, outdoor and indoor visitations, etc. Due to the limited amount of Residents that may participate in communal dining and activities, preferences were taken into account during the planning. As of this time we will be rotating Residents eating

in their rooms and participating in communal dining to ensure that everyone who wants to participate will be able to do so. This also will occur for group activities. Please note that this is subject to change.

VISITATIONS

Visits are to begin on October 12, 2020. Note this date is subject to change.

Residents who are medically stable and not under suspicion for COVID-19 or other communicable diseases may accept visitors.

Visitation is to be scheduled by the Social Service department. During the Scheduling of visits you will be asked if you have been in any of the states where quarantine is recommended upon return. A listing of these states may be found on the PA.gov website. If so you will not be able to visit until the quarantine period has ended. Visitation will be Monday- Friday, from 9:30 am to 12 pm, and 1:30 pm to 4 pm for a maximum stay of 30 minutes per visit. These hours are subject to change.

Per regulatory guidance, visits will be prioritized for Residents with diseases that cause progressive cognitive decline and Residents expressing feelings of loneliness. Families/Resident's responsible parties with Residents that fall under this category will be contacted this week to set-up a visit. Families/Resident's responsible parties whom Residents do not fall under this category may contact Social Services beginning October 5, 2020 to set up a visitation.

Residents will be permitted 1 in person visit per week. Window visits may continue with social distancing as desired by family and friends. Zoom/video visits may continue and are to be scheduled with Social Services. End of life visits will continue to be permitted with arrangements through Social Services.

Visits are to be scheduled at least 24 hours in advance and will be scheduled as available.

Outdoor visitation will be utilized if weather appropriate, as it is the preferable option for visitation.

Visitation will be limited to up to two visitors at a time. Any child who visits is to be included in the maximum number of two visitors and must be accompanied by an adult for the entire duration of the visit. All visitors, including children over the age of 2, are required to wear a mask for the duration of the visit.

Visitors should arrive no earlier than 5 minutes prior to their scheduled visit. There should be no lingering once the visit has ended. A staff person will be present outside the entrance of Orchard Manor to screen (questions and temperature) visitors and ensure visitors perform hand hygiene prior to visiting. If at any time a visitor has a temperature of 100.0°F or greater or develops any signs or symptoms of COVID-19, etc., he or she will be asked to leave immediately and the visit will be cancelled. A mask is required upon at the outside entrance and during the entirety of the visit. Staff will escort the visitors to the designated visitation area. Visitors may not walk over to the area by themselves. No drinks or food are permitted during visitation. All visitors must adhere to social distancing of at least 6 feet from the Resident and any adult bringing a child must be able

to manage that child and maintain the child's social distancing from the Resident. Visitors who fail to follow the required process may have visitation suspended.

Each visitation space will be measured and marked to show the distancing of 6 feet. A physical space divider may be used. Staff will be available to assist the Resident and will observe to ensure the correct process is being followed and that the Resident is safe and comfortable.

The designated staff person assisting with the visitation will disinfect the table, chairs, physical space divider (if in use), and any high touch area after each scheduled visit to ensure the area is ready for the next Resident visit.

Indoor visitation will take place in the front solarium for all SNF Residents. The Personal Care Residents indoor area will be in the Conference Room. Visitors will enter through the main entrance of the facility, where they will be screened and perform hand hygiene. If at any time a visitor has a temperature of 100.0°F or greater or develops any signs or symptoms of COVID-19, etc., he or she will be asked to leave immediately and the visit will be cancelled. A mask is required upon entry and for the duration of the visit. Staff will escort the visitors to the designated area and will observe to ensure the correct process is being followed and that the Resident is safe and comfortable. The visitors will exit in the same manner. No drinks or food are permitted during visitation. All visitors must adhere to social distancing of at least 6 feet from the Resident and any adult bringing a child must be able to manage that child and maintain the child's social distancing from the Resident. Visitors who fail to follow the required process may have visitation suspended.

ASSISTANCE & THANK YOU

We are so excited to be able to start these steps, but I want to remind everyone that we must proceed with caution and these steps and processes may change/cease as needed (per guidelines and regulations) to ensure our Residents' safety and well-being. If you have any questions regarding the aforementioned information please feel free to contact Samantha Skibinski, DON, Kelly Hoover, PC Administrator or me. If you are not a primary contact and would like to receive updates please call 724-588-8074 for a recorded update. Also, if you would like to review Orchard Manor's Re-Opening Plan in more detail please visit our website at www.orchardmanor.org.

Thank you for your continued trust in Orchard Manor. Your thoughts, prayers and support during this unprecedented time are appreciated.

Sincerely,



Amber Morian-Gowetski, NHA
Administrator