

# The Apple Blossom

## A~Caroling We Will Go

Christmas caroling is one of the oldest Christmas traditions known. Songs that were sung at Christmastime were usually chants and hymns. The word "caroling" translated into "circle dance" and as time went on, words were added to the festive music.

The Church looked down on the carols, viewing them as paganistic and forbidding their inclusion in sacred church services. Despite this, the songs gained popularity. Saint Francis of Assisi was the first to include the carols as part of Christmas Midnight Mass in 1223. After this service, the carols caught on with the people.

Another part of caroling history is based on wandering mistrals or watchmen who guarded the old walled cities. The carols were used to pass the time and often were sung to people walking by. Some of these mistrals would also go from home to home singing and entertaining people and possibly be rewarded with a treat. This tradition gradually evolved into the Christmas caroling practices of today.

In fact, some of the popular Christmas carols we sing were actually written during the Civil War. Minister Edmund Sears' poem, later put to music, *It Came Upon a Midnight Clear*, expresses a strong desire for peace. The carol, *I Heard the Bells on*

*Christmas Day*, written by Henry Wadsworth Longfellow, has an anti-war sentiment, however, the verses that contain the message have been omitted. Phillips Brooks, who wrote *O Little Town of Bethlehem*, relays a message of hope for peace after the war.

Throughout this Holiday season, we have several different groups that come through the halls of Orchard Manor. From students of both Grove City College and Slippery Rock University to church groups, the cheerful voices brighten the days for both Residents and Staff.

We also have other activities planned for the month of December. The popular Door Decorating Contest is beginning December 1st and ending with the judging and winners announcement on December 10th. Our Annual Family Christmas Dinner will be held on Sunday, December 11th (look for reservation slips in this newsletter). The children's event, Cookies with Santa, will be held on the 13th and our Annual Christmas Service will be held December 20th. We hope that you will be able to attend some of these events with your family member.

Orchard Manor wishes everyone a safe and happy Holiday season!



Diane Robinson, NHA  
Administrator

Amber Morian-Gowetski, NHA  
Assistant Administrator

Shari Bennetti, RN  
Director of Nursing

Denise Armstrong  
Social Services/Admissions

Cindy Hillard  
Social Services/Admissions

Joe Berringer  
Human Resources

Emily Robinson  
Activity Director

Melissa Swartwood  
Assistant Activity Director

Verlynda Moyers  
Business Office Clerk

Summer Garcia  
Billing Office Assistant

Donna Roberts, CDM  
Dietary Supervisor

Rich Tallis, CDM  
Assistant Dietary Supervisor

Brian Begley  
Housekeeping/Laundry Director

Scott Anderson  
Maintenance Director

Linda Garner  
Receptionist

Bonnie Hamilton  
Transportation Coordinator

Cyndi DiBiase, RN  
Quality Assurance Coordinator

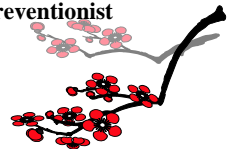
Susan Crevar, RN  
A-Wing Manager

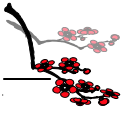
Anna Kaufman, RN  
B-Wing Manager

Jim Pittock, RN  
B-Wing Manager

Margaret Bowers, LPN  
Sunshine Way Coordinator

Sandy Quinn, RN  
Infection Preventionist





## Veteran's Thank You

We would like to thank the following people who helped make the Veteran's Day program a success: Pastor Stephanie, Pastor Walt, Rick Grossman, Annabelle Hovis, Dorothy Mazza, Bob Bovard, Betty Drennen, Justin Robinson and Civil Air Patrol #124 members Richard Daniels, Danny Hinton, Adam Kaufman, Colt Garing and Captain James Logan. Thank you all for helping us honor our Veterans!

## New Residents!

Mr. William Raymer, 11/4  
Mrs. Anna Hulse, 11/16

## Baby Boom! Apology

It seems as if no matter how hard we try, we still manage to miss someone. Katie Cline, LPN, had her second child, Adrianna on January 11th and LPN Martin Tkacik's wife gave birth to their third child, Crosby, on April 19th.

We sincerely apologize to Katie and Martin for the accidental omission in last month's Baby Boom! article.

## Best Wishes

Mrs. Anna Procner, 11/12

## Senior Snickers

### Perks of Being Over the Hill

- There is nothing left anymore to learn the hard way.
- Things that you buy now won't wear out.
- Your supply of brain cells is finally down to a manageable size.
- You no longer think of the speed limit as a challenge.
- You can quit trying to hold in your stomach no matter who walks into the room.
- Your secrets are safe with your friends because they can't remember them anyway.
- Your joints are more accurate meteorologists than the guy on the television.
- Your eyes won't get too much worse.
- Kidnappers are not very interested in you.
- Your investment in health insurance is finally paying off.
- You can sing along with elevator music.
- People call you at 9 p.m. and ask, "Did I wake you??"
- You can get into a heated argument about pension plans.
- You can eat dinner at 4:00 in the afternoon.



In a hostage situation you are the most likely to be released first.  
No one expects you to run — anywhere.  
You are no longer viewed as a hypochondriac.

### Peanuts for the Bus Driver

A tour bus driver is driving with a bus load of seniors down a highway when he is tapped on his shoulder by a little old lady.

She offers him a handful of peanuts, which he gratefully munches up.

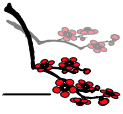
After about 15 minutes, she taps him again and gives him another handful of peanuts. She repeats this gesture about five more times.

When she is about to hand him another batch, he asks the lady, 'Why don't you eat the peanuts yourself?'

'I can't chew them because I don't have any teeth,' she replied.

The puzzled driver asks, 'Why do you buy them then?'

The lady replied, 'I love the chocolate around them.'



# Employee Spotlight: Sheryall Frasl, Dietary Aide



Sheryall Frasl began working in the Dietary Department 5 years ago. Since starting, she has held the Dietary Aide and Personal Care Cook's Helper positions as well as been a substitute cook. Sheryall enjoys her co-workers and interacting with the Residents.

Sheryall is originally from Grove City, but spent 30 years away. Her ex-husband served in the military taking the family all over the world. Their 2 daughters were born in Bermuda. The family also spent a number of years in Guantanamo (Gitmo) Bay, Cuba. The last 15 of those years were in Florida. She returned to Grove City just over five years ago, after her second husband passed away.

Sheryall has three brothers, all of whom are younger. In fact, she is 16 and 17 years older than her 2 youngest brothers. Sheryall has 14 grandchildren and 2 great-grandchildren.

Currently, Sheryall lives in Grove City along with her best friend, Diamond the cat.

Not many people are aware of this, but for 32 years Sheryall was a certified SCUBA diver. She also has her 1st degree black belt in Karate!

Sheryall's favorite memory is of watching her father, Murray, play bingo as a Resident of Orchard Manor.



## Our Dedicated Staff Service Anniversaries for December

Gina Savolskis, CNA—34 years

Bonnie Hamilton, Transportation Coordinator—30 years

Gloria Royer, Cook—30 years

Chris Rauch, LPN, Scheduling & Medical Records  
—19 years

Angie Hites, LPN, Staff Development Nurse—17 years

Kathy McConnell, LPN—15 years

Aggie Johns, CNA—8 years

Cheryl Fedorchak, CNA—8 years

Wanda Fox, CNA—7 years

Peg Snow, CNA—7 years

Christine Roberts, LPN—5 years

Peggy Falla, RN, MDS Coordinator—5 years

Teri Forrester, Dietary Aide—4 years

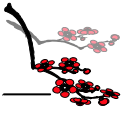
Jessica Porterfield, CNA—2 years

### New Hire

Dianna Switzer, CNA

*Smiles go a long way, even at home.*





# Chaplain's Chatter: by Pastor Stephanie Thompson

## The Best Gift of Christmas

It seems that the holidays conjure up all kinds of memories in our minds of Christmas' past. For me, the memories that most often go through my mind are those of childhood, perhaps it is that way for you too.

To some degree, Christmas Day was not really much different than any other when you grow up on a farm. There are still cows to be fed, and milked, and tended, and all of that happens before most people who lived in town are even getting up for breakfast. For my family, after breakfast was prepared and over, we would do up the dishes, then we were allowed to take down our stockings from their appointed nail and see what was in them – without fail, the contents included an orange, ribbon candy, a “book of lifesavers”, and a few other, small things. My Dad’s parents lived two miles from us, and we always had Christmas lunch (dinner as we called it) with them. It wasn’t until after the meal (and boy, my Mom and Grandma sure could cook!), and after the dishes were done, and after pie and coffee were enjoyed, that any thought of heading to the tree was allowed to enter we kids’ mind, and there was absolutely NO asking to go into the living room where the tree was before they told us we could either! (those were the days!) It was then that we received the best gifts of Christmas . . . my Grandma always knit us new wool socks to wear in our barn boots, she made my brothers new pajamas, and my sister and me a new nightgown. Then, somehow

along the way, my parents and grandparents gathered together enough money for the boys to have a new Tonka truck or John Deere tractor, and my sister and I would get a new doll.

As I reflect on the gifts of Christmas’ past, although I didn’t get everything I wanted, the gifts I got were those I most-needed, and I can remember going to bed on Christmas night, year after year, filled with great joy. This year will probably be no different for me; in fact it will probably be no different for you. We won’t get everything we want; life just doesn’t work that way. In spite of that, however, we all have the opportunity to once again receive the best gift, that gift that is most-needed in our life and in our world.

The best gift we could ever receive was given to us on that first Christmas, Jesus Christ. He was, indeed, what the world needed most, and He was given to us “for God so loved the world.” It is no wonder that the shepherds were filled with great joy as they left the baby’s presence and went back to their fields.

How is your Joy this season? Jesus is still what we need most, He is still the best gift of Christmas. If you will stop what you are doing right now, come into God’s presence through prayer, thank Him for giving the Best Gift of Christmas, and once again say “I accept your gift of Jesus”, I know that as you go back to your busy lives you will, as the shepherds, be filled with Great Joy!

Pastor Stephanie

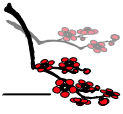
## Our Deepest Sympathy

While there are no deaths to report for the month of November; we would like to remember all of the special friends and Residents we have lost over the past year.



*What moves through us is a silence, a quiet  
sadness, a longing for one more day,  
one more word, one more touch,  
We may not understand why you left  
this earth so soon, or why you left before  
we were ready to say good-bye, but little  
by little, we begin to remember not just  
that you died, but that you lived.  
And that your life gave us memories  
too beautiful to forget.*

~Author Unknown



## Christmas Dinner

The Annual Family Christmas Dinner will be held on Sunday, December 11th for the noon meal. Cost will be \$8.00 per plate for adults, \$3.00 for children ages 3-5, children under 3 are no charge. In order to have enough food on-hand and seating for everyone, reservations *must* be made by Monday, December 5th.

## Christmas Parties

### A-wing

Jolly Old St. Nicholas will be visiting Orchard Manor on Saturday, December 10th at 2:00 pm in the A-Wing Solarium to deliver presents and spread some holiday cheer. Tim Amerson will be providing the musical entertainment.

### B-Wing & Personal Care

St. Nicholas will also be visiting Orchard Manor on Saturday, December 10th at 2:00 pm in the Great Room to deliver presents to our B-wing and Personal Care Residents. Joe Lege will be entertaining! We invite you to come and celebrate with our Residents.

### Sunshine Way

St. Nicholas will pay us a second visit for the Residents of Sunshine Way. The party is scheduled for Thursday, December 22nd at 6:30 pm. There will be cookies and punch for everyone to enjoy.

## Cookies with Santa



The children, grandchildren and great-grandchildren of Orchard Manor's Residents and staff are invited to visit on Tuesday, December 13th at 6:30 pm in the Main Dining Room. The children can enjoy making crafts, Christmas cookies and of course, Santa will be visiting. Please sign up all children in advance. The sign up sheet will be located outside of the Hobby Room.

## Door Decorating Contest



We encourage everyone to participate in decorating a door for the holidays. It is a great way to have fun with the Residents and show your creativity. Sign up by the Hobby Room if you would like to participate. All doors must be completed by December 10th to be included in the contest. The winners will be announced Saturday, December 10th. Prizes will be given to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners. Please remember that we are unable to put any holes in the doors to secure items; however, we are able to use tape, door hangers or putty. If you have any questions about hanging items, please see Maintenance or Activities.

## Salute to Our Military

Orchard Manor would like to acknowledge family members of Residents and Staff who are currently serving in the Military.

- ☆ Spc. Steve Fox, Army National Guard, son of Wanda Fox, CNA, brother of Dietary Aide, Dustin Fox.
- ☆ Pfc. Jeremy Fry,\* Army, cousin of Amy Bailey, CNA
- ☆ Spc. Sam Guiste, Army, son of Sandy Ruth, Housekeeper
- ☆ E5 Sgt. Adam Reddinger,\* Army Infantry, cousin of Amy Bailey, CNA.
- ☆ Sgt. Justin Robinson (Maintenance), Army National Guard, son of Diane Robinson, Administrator, brother of Emily Robinson, Activity Director

- ☆ Lcpl. Andrew Stiles, stepson of Cindy Stiles, CNA
- ☆ Spc. Jacob Sydlik and
- ☆ Spc. Matthew Sydlik, Army National Guard, grandsons of Resident Norie Young
- ☆ Senior Airman Josh Winder and
- ☆ SSgt. Matt Winder (Maintenance), Air Force Reserves, grandsons of Gloria Kaufman, Housekeeper.

\*Currently serving overseas

If you have a family member you would like to recognize in the *Apple Blossom*, please call Laura Cook at 724-458-7760.

# Calendar Highlights

- Dec 3 Christmas Social
- Dec 10 Resident Christmas Parties, A, B & PC  
Door Decorating Winners Announced
- Dec 11 Family Christmas Dinner
- Dec 13 Cookies with Santa
- Dec 20 Christmas Service
- Dec 22 Sunshine Way Christmas Party
- Dec 31 New Year's Eve Party



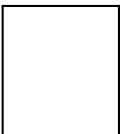
*For a more thorough list of activities and times,  
please see the calendar on pages 2 & 9*

# Happy Birthday!

- 12/2 Janice Eiler
- 12/3 Laverne Finlay
- 12/6 Bob Bovard
- 12/7 Margaret Shields
- 12/11 Gabrielle Birney
- 12/14 Harry Pears
- 12/18 Isabelle Sweetapple
- 12/22 Dolores Hughes
- 12/24 Edith Arblaster
- 12/29 Barb Weaver
- 12/30 Dorothy States



*Richard Warner, Inc.  
20 Orchard Drive  
Grove City, OH 43127*



# Resident of the Month

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## Anna Stanton—Sunshine Way

Anna was born January 20, 1915 to the marital union of Mary Cindrich Hodak and Matthew Hodak. She was born in Beech Bottom, West Virginia. Her father was a coal miner and her mother was a housewife. After Anna's father passed, her mother was remarried to John Blaskovitch. Anna was the oldest of six children. She has two surviving siblings, Josephine in Ohio and Frank in New Jersey.

Anna quit school at the age of 12 so she could go to work and help support her family. Her first job was at a can factory. She and her co-workers would take a rowboat to Beech Bottom where the factory was located. After a full day's work, she would row back home. With the little money she made, Anna took care of her younger siblings. She actually helped her mother with the birth of her younger siblings!

Anna married her first husband, John Kinosz in 1932. A daughter, Anna Mae Kinosz Snider was born to this union in 1934. Anna and John later divorced and John passed away in 1945. Anna then married Hugh Stanton. The couple married and later divorced one another on two occasions. They had no children together.

## Thanksgiving Thanks

Thank you to all who helped with the Thanksgiving Dinner. Over 400 meals were served! Both the Thanksgiving and Christmas Family Dinners require a lot of effort. Dietary Managers Donna Roberts and Rich Tallis spend many hours planning the meal, assigning duties and arranging seating plans to accommodate everyone. The Dietary staff works extra hard as well. Activities and Nursing also work to ensure that our Residents have a Happy Thanksgiving. Maintenance staff set up the tables and chairs. Other staff and volunteers come in to help serve everyone. Again, we would like to say thanks to everyone, especially our friends and family members who made the dinner extra special for our Residents!

## Raffle Winners

Congratulations to Ernie Nelson and Sally Walter, winners of the Thanksgiving Raffle Walmart gift cards. Thank you to all who purchased tickets in support of Orchard Manor!

**Don't forget to look at the pictures of our Residents of the Month located on the bulletin boards of each wing.**

In 1941, Anna began working at Wheeling-Pittsburgh Steel. She started off as a tin sorter. When the men went off to war, the women were asked to do their jobs. Anna was the **first woman** assigned to run a crane after Pearl Harbor was bombed. She was also the last woman transferred out of crane work in 1949. Anna remained at the steel mill until 1972 when she retired.

Anna was a world traveler. She visited Europe on several occasions and even sailed on the Queen Mary. She assisted several Croatian relatives in coming to the U.S. and Canada.

Anna is an avid Polka Fan. She remained independent in her own home until December of 2010 when she moved to Pennsylvania with her granddaughter, Marianne. Her daughter, Anna Mae, resides in Allison Park, PA. In addition to Marianne, Anna has three other grandchildren, Cathy in NJ, Jodie in PA and Jon in KS. She also has five great-grandchildren, Jarrett, Paige, Jenna, Bethany and Carrie. She will always be remembered for her delicious cream puffs. Anna is a baseball and wrestling fan.

## Christmas Service

Christmas is a very special time of year for many reasons. A favorite tradition among families is attending a Christmas Service together. We have planned our Family Christmas Service for Tuesday, December 20th in the Great Room at 7:00 p.m. Pastors Stephanie Thompson and Walt Hehman, coordinate the service. The program will include the Grace United Methodist Church Bell Choir and scripture readings by our Residents, Staff, and Family Members. If you need further information, please contact Melissa Swartwood or Pastor Stephanie Thompson.

### Please Note

Because of the Christmas Holiday falling on a Sunday, there will be no church service held that day. In place of a service, there will be room to room caroling and visits.

