

The Apple Blossom

January 2010

www.orchardmanor.org

Vol. V Issue 1

A Note from the Administrator

New Year's Resolutions

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Administrator

Amber Morian-Gowetski, NHA
Assistant Administrator

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Director of Nursing

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Social Services/Admissions

Joe Berringer
Human Resources

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Activity Director

Emily Robinson
Assistant Activity Director

Judy Boyd
Controller

Verlynda Moyers
Business Office Clerk

Marlene Gaggini
Billing Office Assistant

Donna Roberts, CDM
Dietary Supervisor

Rich Tallis, CDM
Assistant Dietary Supervisor

Brian Begley
Housekeeping/Laundry Director

Scott Anderson
Maintenance Director

Linda Garner
Receptionist

Bonnie Hamilton
Transportation Coordinator

Cyndi DiBiase, RN
Quality Assurance Coordinator

Susan Crevar, RN
A-Wing Manager

Peggy Falla, RN
B-Wing Manager

Margaret Bowers, LPN
Sunshine Way Coordinator

Happy New Year! As you know, it is a tradition in many families to make a New Year's Resolution in order to achieve a goal for the upcoming year. Our Residents are no exception. Several Residents and employees were asked if they had made resolutions and here are some of them:

Behave myself! -Jean Raybould

Do the best I can. -Marie Hay

Go home to Massachusetts. -Dolores Beaudry

Improve my health and go home. -Marion Wherry

Drink more water and eat less candy! -Erma McKnight, Activities Aide

Have more patience. -Bob Bovard

To go home. -Tom Forrest

To clean out my dresser drawers. -Nancy Viola

Not to eat so much. -Joyce Thornbury

I want better health and to get my cast off and hopefully not need an operation. -Jean Rihel

I want to regain enough of my health so I can see my children and have a good family reunion. I want to enjoy their company while I still can. -Betty Campbell

I want the economy to get better. -Dorothy Royer

Be a good person and be a good person whenever you can.
-Ethel Thompson

I enjoy talking to everyone. -Virginia Cicero

Help more people in this world. -Darlene Gibson

Be kind to everyone. -Ruth Smock

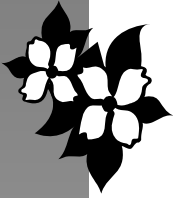
Laugh a little more. -Vivian Gregg

Keep track of myself and get along with everyone. -Dot McNeish

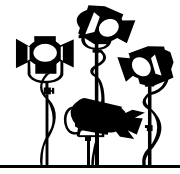
Be cheerful to the elderly. -Thelma Lichtenberger

I hope this year is as pleasant and nice as the past year.
Show kindness to everyone. -Dorothy Hoffman





Employee Spotlight



Pat Acheson, Dietary Aide



Pat Acheson has been with Orchard Manor for 17 years. In addition to her current position as Dietary Aide, she has also worked as Cook's Helper.

Pat was born and raised in Buffalo, NY. Her two brothers, Phil and Jack, are both retired and living there now.

In 1964, Pat graduated from Bishop McMahon High School. Two years after graduation, Pat married Robert Acheson. They had two children, Sean and Coleen, who are both married now. Robert and Pat were married for 24 years before his passing in 1990.

Pat has one gorgeous grandchild, Grace, who is 18 months old. She also has a wonderful boyfriend, Gerry, who has four girls and one boy that Pat considers a part of her extended family.

As a vacation, Pat likes to go to the Outer Banks in North Carolina. In her spare time, she likes to crochet afghans, do jigsaw puzzles and visit with friends and family. She also likes to take the occasional trip to the casinos. Pat is looking forward to her retirement in 2011.

Department Change

Hi everyone! Throughout the past six years I have had the honor to work within the Social Services/Admissions Department, having the opportunity to assist many Orchard Manor Residents, family members and employees with day-to-day concerns.

Many of you may be aware I have been permitted with yet another opportunity to serve Orchard Manor in the newly created Human Resources Department. The change

from Social Services/Admissions Department is effective starting this January. All of the Residents that I have interacted with will be now followed by Tara Michaels or Denise Armstrong.

Once again, I am very thankful to have been able to assist many of our Residents and am looking forward to the new challenges of the Human Resources Department.

Sincerely,
Joe Berringer



Our Dedicated Staff

Service Anniversaries for January

Donna Grossman, Activities Aide—33 years

Diane Robinson, NHA, Administrator—31 years

Karen Reynolds, CNA—31 years

Dottie Eaton, LPN—15 years

Rick Magee, LPN—14 years

Sue Myers, CNA—10 years

Susan Penna, LPN—8 years

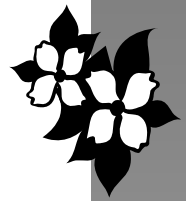
Shari Norris, LPN—4 years

Kiley Spence, Housekeeper—1 year



Chaplain's Chatter

Pastor Walter Hehman



Joyous New Year!

Remember playing "Hide and Seek" while you were growing up? We used to play that game by the hours. After you give everyone else a chance to hide, you would say, "Ready or not, here I come."

Well, we can apply this to New Year's as well, "Ready or not, here I come." The year 2010 is coming our way. There is no way to avoid it. As I remember past celebrations of New Year's Eve, I first think of Guy Lombardo and the Royal Canadians. They were on TV for years as we celebrated New Year's Eve. Another on TV for years was Dick Clark and the ball that dropped on the countdown to midnight. I also recall making a lot of noise outside at midnight by beating pans with stirring spoons.

Another memory of New Year's Day, eating sauerkraut and pork. Our family still does the same thing every New Year's Day.

We are in the time of the year that we wish people a Merry Christmas and a Happy New Year. I would like to take a moment to talk to you about the word "Happy." I really think it would be better for us to wish other people a "Joyous New Year." What are my reasons for saying this? Let me give you a few.

First of all, you might say to me, "What's the difference between joyous and happy?" In our use of language there doesn't seem to be any difference between joyous and happy, gladness or happiness. We use all of these words and more as if they all say the same thing. They all mean the same thing in our culture.

But there is a big difference between joy and happiness. Happiness can only live in a place where sorrow or pain is not. We may be happy one minute, but the moment sorrow, pain or discomfort comes, happiness is gone.

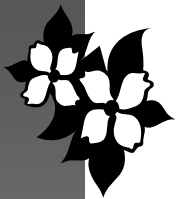
Joy, on the other hand, can withstand sorrow, grief, pain or discomfort. The reason that joy can stand in the presence of adversity is because it exists at a much deeper level within us than happiness does. Happiness tends to be a very superficial experience in life. But joy, a deep and abiding joy, is one of the great areas of strength that a person can persevere in their life.

Where does joy come from? How do we find joy or where can we get it? In the Old Testament, Book of Nehemiah, we find these words in Chapter Eight, verse ten; "The joy of the Lord is your strength." Some people might be surprised by these words because many people think that God is a "killjoy."

It was through the painful experience of having Jerusalem almost destroyed that these words of Nehemiah were spoken. As the city was restored and the experience of worship was renewed, the people heard these words, "The joy of the Lord is your strength."

Allow me to wish you a "Joyous New Year." May 2010 be a year in which we can all look for the "Joy of the Lord as our strength."

Pastor Walt



Valentine Sweetheart Dance



Get ready for Orchard Manor's Annual Valentine Sweetheart Dance! The event is free and open to Residents, family members, staff and friends in the community. As in the past, this event is planned in cooperation with students from Grove City College. In place of an admission fee, non-perishable food items will be collected at the door. The donations will then be distributed to food pantries serving Slippery Rock and Grove City Communities. The Annual Valentine's Dance promises to be a fun night out for everyone. Be sure to check out next month's newsletter for more information on the date and time of this year's program!

Door Decorating Contest Winners



It was a tough decision because so many of the doors looked terrific, but congratulations to Residents Mae Allison and Evelyn Starz for winning first prize in the door decorating contest! Other winners include Tom Forrest and Bob Bovard, Second Place, and Catherine Sankey and Dorothy Mazza for Third Place.

Our Deepest Sympathy

Everyone at Orchard Manor extends our heartfelt thoughts and prayers to the family and friends of the following Residents who recently passed away.

- Mrs. Esther Plouse, 12/2
- Mrs. Della Beryl Hoffman, 12/21
- Mrs. Ethel Brown, 12/27
- Mrs. Evelyn Starz, 12/30

Whispers from Heaven

When I left the world without you
I know it made you blue.
Your tears fell so freely,
I watched; I know this is true

While you were weeping,
Days after I passed away-
While all was silent within me,
I saw you kneel to pray.

From this wonderful place
called Heaven,
Where all my pain is gone,
I send a gentle breeze to whisper,
"My loved ones, please go on."

The peace that I have found here
Goes far beyond compare
No rain, no clouds, no suffering-
Just love from everywhere.

You need not be troubled
Just stay close to God in prayer
Someday we'll be reunited
My love, His love surrounds you always,
Everywhere!

-Al Littleton and Brenda Smith



New Residents!

Mr. Harry Pears, 12/1
Mrs. Marion Wherry, 12/4
Mr. Vance Beach, 12/11
Mrs. Jean Walter, 12/16
Mr. Robert Flowers, 12/17

New Employees

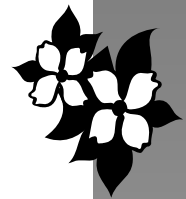
Kelly Kellerman, CNA
Jessica Porterfield, CNA

Support Group

The monthly CAREgiver's Support group will be held on Wednesday, January 20th at 10:30 in the Front Solarium. The topic is "What will be in 2010?"

Also please note that there will be no meeting in February. In March, the guest speaker will be discussing Veteran's benefits.

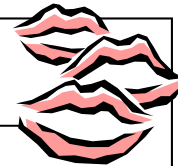
If you have any questions, please contact Mary Jo Palmer at 724-458-4456.



Valentine's Fundraiser

Valentine's Day is fast approaching! Along with the Valentine Sweetheart Dance, we would like to bring a little cheer to the Residents' rooms. We will be selling balloon bouquets for Valentine's Day. Each bouquet will have of one mylar and three latex balloons along with a decorative weight. They can be delivered directly to the Resident's room or picked up by an individual on Valentine's Day. The cost is \$4.00 and all proceeds go to the Activity Department to help fund special events. To place an order, sign up at the hobby room. The deadline to order is February 5th, 2010.

Senior Snickers



Hard of Hearing

An old man decided his old wife was getting hard of hearing. So he called her doctor to make an appointment to have her hearing checked. The doctor said he could see her in two weeks, and meanwhile there's a simple, informal test the husband could do to give the doctor some idea of the dimensions of the problem.

"Here's what you do. Start about 40 feet away from her, and speak in a normal conversational tone and see if she hears you. If not, go to 30 feet, then 20 feet, and so on until you get a response."

So that evening she's in the kitchen cooking dinner, and he's in the living room, and he says to himself, "I'm

about 40 feet away, let's see what happens."

"Honey, what's for supper?"

No response.

So he moves to the other end of the room, about 30 feet away.

"Honey, what's for supper?"

No response.

So he moves into the dining room, about 20 feet away. "Honey, what's for supper?"

No response.

On to the kitchen door, only 10 feet away. "Honey, what's for supper?"

No response.

So he walks right up behind her. "Honey, what's for supper?"

"For the fifth time, CHICKEN!"

Calendar Highlights

- Jan 5 Music with Karen Buxton
- Jan 13 Music with Joe Legy
- Jan 14 Birthday Celebration with Ed Ceremuga
- Jan 18 Martin Luther King Day of Service
Carnival with SRU students
- Jan 21 Music with Dick Fisher
- Jan 23 Angels for God
- Jan 25 Barry Spiker & Friends
- Jan 27 Gospel Minstrels
- Jan 28 Music with George

*For a more thorough list of activities
and times, please see the calendar on pages 2 & 9.*



Orchard Manor, Inc.
20 Orchard Drive
Grove City, PA 16127





Residents of the Month

Don't forget to look at the pictures of our Residents of the Month! They are on the bulletin boards located on each wing.

Doris Jean Robson—A-Wing

Doris Jean was born on September 10, 1922 to William and Barbara Korby. She was later joined with three siblings, a brother, Bill and two sisters, Vivian and Shirley.

Doris was raised in Lowellville and attended the Lowellville Schools, where she graduated in 1940. She completed a course in cosmetology, but after a few years in the business returned to school to improve her shorthand and typing skills. Doris became a secretary at an insurance underwriting firm in Youngstown, OH. She worked there until she enlisted in the Navy in 1943.

Doris served in the Navy from 1943 until her discharge in 1946. Her training included Hunter College, Bronx, NY, University of Oklahoma, Stillwater, OK and was stationed as a yeoman (stenographer/secretary) at the radar training center in Corpus Christi, TX. Doris married Lt. Robert Robson, a pilot in the Army Air Corp, on December 22, 1945 at the Methodist Church in Houston, TX.

After Doris and Bob were discharged from military service, they came to Bob's hometown of Grove City to start their new life. Doris has successfully managed a family of two sons, Jim and Bill and four grandsons through the last 63 years in Grove City.

In her spare time, Doris loved to listen to classical music, do needlepoint, knit and do

crossword puzzles. Her recreational activities were summer vacations at the beach, touring points of interest, Pittsburgh baseball and bowling. She spent many quiet times playing the organ. Doris also served as chairman of the day for Meals on Wheels for 15 years.

Georgina "Gina" Anderl—B-Wing

Georgina was born to parents William and Ethel Pierce on September 30, 1935 in Youngstown, OH. Along with her three sisters, Peg, Dorothy (now deceased) and Dixie, Gina grew up in Louisville, Kentucky and Scott Township in PA. After graduating from Scott High School in 1952, she attended Carnegie Mellon University.

In 1953, Gina married Hans K. Anderl after he had moved here from Germany. The couple had four children, Steve, Linda (Fee), Lisa (Chambers) and Karl. Steve currently resides in Washington, PA, Linda lives in Grove City, Lisa is in Dallas, TX and Karl is in Houston, TX. The family lived just south of Pittsburgh in Carnegie. Gina worked at Kane Hospital nearby and was a Brownie (Girl Scouts) Troop leader. She also traveled to Germany twice with Hans.

Gina enjoys whistling and singing. She sang in the church choir and will sing the Chiquita banana song on cue! Gina has a great sense of humor, likes cats and watching Jeopardy and Wheel of Fortune.

Salute to Our Military

Orchard Manor would like to acknowledge family members of Residents and Staff who are currently serving in the Military.

- ☆ Spc. Steve Fox,* Army National Guard, son of Wanda Fox, CNA
- ☆ Pfc. Jeremy Fry,* Army, cousin of Amy Bailey, CNA
- ☆ E4 Specialist Adam Reddinger,* Army Infantry, cousin of Amy Bailey, CNA
- ☆ Sgt. Justin Robinson,* Army National Guard, son of Diane Robinson, Administrator brother of Emily Robinson, Assistant Activity Director

- ☆ Spc. Jacob Sydlik and
- ☆ Spc. Matthew Sydlik, Army National Guard, grandsons of Resident Norie Young
- ☆ Senior Airman Josh Winder and
- ☆ Senior Airman Matt Winder, Air Force Reserves, grandsons of Gloria Kaufman, Housekeeper.

*Currently serving overseas

If you have a family member you would like to recognize in the Apple Blossom, please call Laura Cook at 724-458-7760.