

Orchard Manor Presents...



The

Apple Blossom



December 2009

www.orchardmanor.org

Vol. IV Issue 12

A Note from the Administrator

Happy Holidays!

Diane Robinson, NHA
Administrator

Amber Morian-Gowetski, NHA
Assistant Administrator

Mary Beth Geibel
Director of Nursing

Tara Michaels
Social Services/Admissions

Joe Berringer
Social Services/Admissions

Denise Armstrong
Social Services/Admissions

Lauren Buchanan
Activity Director

Emily Robinson
Assistant Activity Director

Judy Boyd
Controller

Verlynda Moyers
Business Office Clerk

Marlene Gaggini
Billing Office Assistant

Donna Roberts, CDM
Dietary Supervisor

Rich Tallis, CDM
Assistant Dietary Supervisor

Brian Begley
Housekeeping/Laundry Director

Scott Anderson
Maintenance Director

Linda Garner
Receptionist

Bonnie Hamilton
Transportation Coordinator

Cyndi DiBiase, RN
Quality Assurance Coordinator

Susan Crevar, RN
A-Wing Manager

Peggy Falla, RN
B-Wing Manager

Margaret Bowers, LPN
Sunshine Way Coordinator

Happy Holidays! This is a busy time of the year for everyone, and Orchard Manor is no exception to the hustle and bustle of the Holiday Season! The Home's "elves" are everywhere, as festive decorations, lighted Christmas trees, outdoor lights & ornaments, and even Christmas cookies magically appear daily! In the midst of the festivities, we are finally having our new windows installed! At the time of this writing, the windows are over half finished for Resident rooms. Wallace Builders will continue with the Dining Room and other common areas, as well as with the new doors at the ends of the hallways. Residents and their families have already commented on not only how nice the windows are, but also how much warmer and less drafty the rooms are!

Another positive change at Orchard Manor is that Mary Beth Geibel began as our new Director of Nurses. Mary Beth, who is a graduate of Jameson Memorial School of Nursing, and resides in Grove City, brings with her much experience in Long Term Care. In addition to experience as a staff nurse in the hospital setting, Mary Beth has held a number of positions in nursing homes over the past twenty years. While many Residents and families have already met Mary Beth, she will be attending upcoming Resident and Family Council meetings, and after the Holidays, we plan to hold meetings specifically for Mary Beth to

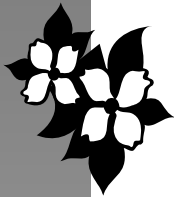
meet families, gather any concerns, share immediate and long-term plans, etc. We'll keep you posted!

Be sure to mark your calendars with all the special services, programs and parties this month, as reviewed throughout the Apple Blossom. Also, a reminder to everyone that when Residents are going out, especially during the Holidays, please give as much notice as possible. In fact, a 24-hour notice would be great so that the Nurses make sure not only that Residents are ready, but also to ensure that medications and any other arrangements are ready for you. The advance notice will help the staff who help pick out outfits, get out winter coats and boots, have medications and instructions in order, etc.

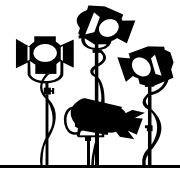
Finally, we appreciate all our Residents and their Families, Volunteers & Community and Professional Associates, and the Board of Directors and Staff wish everyone a happy, healthy and safe Holiday Season.

Diane Robinson, NHA
Administrator





Employee Spotlight



Tracey Cramer, LPNAC



Tracey Cramer, LPN has been with Orchard Manor for 15 years. She has served in many different capacities such as Restorative Nurse Coordinator, Physical and Chemical Restraint Coordinator and Sunshine Way Unit Coordinator. Currently she holds the position of LPNAC. Tracey enjoys learning new things and meeting new challenges. She says the Residents needs are always a priority. Tracey comes to work as a patient advocate. Many Residents can't express their needs and she is here to ensure that they are heard and provided with care, respect and dignity.

Tracey was raised in the Volant area and graduated from Grove City High School. Her

parents, George and Mary Gargas, still reside in Volant.

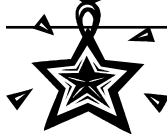
Tracey and her husband, Mike, have been married for 26 years and have two sons, Michael, 24, and Marcus, 22. Next May, Michael will graduate from Duquesne University with a Doctorate in Pharmacy. Marcus graduates this December from Pitt with a B.S. in Civil Engineering/Project Management. Marcus is also engaged to be married in June to Kristin Chiapini. Tracey is very excited to be getting a daughter-in-law and girl in the family! The Cramers also have a 1-1/2 year old Shitzu named Cosmo.

In her spare time, Tracey likes reading, camping, boating, motorcycle rides and Nas-car races. As a stress reliever, she has a hot fudge sundae with no ice cream.

Tracey knew she had chosen the right career when her boys were about 5-6 years old and she was scheduled to work Christmas morning. Her motherly instincts kicked in and she started to cry, not wanting to leave. They told her "Mommy, don't cry because we will be with Daddy and he'll take care of us, but those people where you work need you to take care of them."



Our Dedicated Staff



Service Anniversaries for December

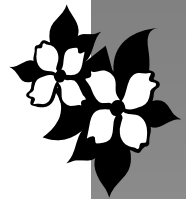
Gina Savolskis, CNA—32 years
 Bonnie Hamilton,
 Transportation Coordinator—28 years
 Gloria Royer, Cook—28 years
 Shirley Bobbert, CNA—21 years
 Chris Rauch, LPN, Scheduling & Medical
 Records—17 years
 Angie Hites, LPN,
 Wound Care Nurse—14 years
 Kathy McConnell, LPN—13 years

Aggie Johns, CNA—6 years
 Cheryl Fedorchak, CNA—6 years
 Wanda Fox, CNA—5 years
 Peg Snyder, CNA—5 years
 Christine Roberts, LPN—3 years
 Peggy Falla, RN,
 B-Wing Unit Manager—3 years
 Teri Forrester, Dietary Aide—2 years
 Bob Ernst, Housekeeping—1 year



Chaplain's Chatter

Pastor Stephanie Thompson



The Simple Joys

Growing up on a large dairy farm in rural, upstate New York was not easy. By the world's standards, there was a lot we didn't have. You can be sure as a child in public school, I knew it too. Living on a farm and caring for more than 125 cows that needed fed and milked twice a day, we sure didn't have a lot of extra time. No, there wasn't time to be involved at school in extra-curricular activities, nor was there any extra money. We never had a family vacation; in fact, until I visited a Christian college in Michigan when I was a senior in high school, I had never even been to any other state.

In retrospect, however, there was a lot we did have. We had church and we had family. We had neighbors – those of you who have “had” neighbors know what I mean when I say that. It was a farming community, and so we neighbored with each other in the haying, in the silo filling, the plowing, and even in making strawberry jam, and in teaching the girls to sew. But we not only were in community, we *had* community together too. When one hurt, we all hurt. When one suffered loss, we all suffered loss. When one was blessed with joy, we were all blessed with joy. When one had a need, we all pitched in and met the need. We belonged to one another, we were committed to one another, we loved one another.

And so, when Christmas rolled around, though no one in the community had the time or the money to go to a show in town, or to go on vacation to some exotic place like Pittsburgh, Pennsylvania – where in the world was that anyway? – we still had a lot to do and the love to do it with!

You see, we looked for people to help along the way and each family did their part to add a little something to the cause so

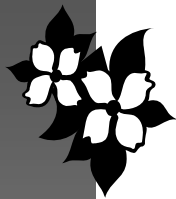
that the family who didn't have enough had enough – enough food on the table, enough gifts under the tree. You see, we took care of our own, and my Dad and the head deacon of the church would make deliveries to suspecting or unsuspecting homes, it mattered not. Our small country church had a choir and we were not all that good. But on Christmas, we would sing a cantata and we would have a Christmas pageant. And as the story of the birth of Christ was read, God was there and we all knew it.

I've been a lot of places, seen a lot of shows, even spent Christmas Eve in some pretty fancy surroundings and I've discovered that they have nothing on that small, farming community in upstate New York! For you see, there is no substitute for the simple joy of knowing you are loved, there is no higher calling and no greater joy than to share the love of God with someone else, there is no substitute for coming into His presence, and He is in a little drafty country church with a bad choir as surely as He is at the Crystal Cathedral, maybe even more so.

This Christmas season, savor the simple joys of being with friends and family, old and new, find someone to help by sharing in some way, go to Church regularly, and read the story of Christ's birth from Luke 2 more often than you do “The Night Before Christmas”. I pray that you, as I, will know the peace and the presence of God as maybe you have not experienced it in a very long time!

Pastor Stephanie





Cookies with Santa



The children, grandchildren and great-grandchildren of Orchard Manor's Residents and staff are invited to visit on Tuesday, December 15th at 6:30 pm in the Main Dining Room. The children can enjoy making crafts, Christmas cookies and of course, Santa will be visiting. Please sign up all children in advance. The sign up sheet will be located outside of the Hobby Room.

Our Deepest Sympathy

Everyone at Orchard Manor extends our heartfelt thoughts and prayers to the family and friends of the following Residents who recently passed away.

- Mr. David Berti, 11/1
- Mrs. Doris Fabry, 11/3
- Mr. John Tinnerman, 11/6
- Mrs. Mary Westler, 11/10
- Mrs. Bertha Coyer, 11/23

Veteran's Day Program—November 11th

A Veteran's Day Program was held at Orchard Manor to honor our Veterans. Lauren Buchanan, Activity Director, welcomed the audience, which filled The Great Room. Pastor Stephanie gave a beautiful opening prayer and the Reverend Walt Hehman gave an encouraging closing prayer. Anita DeMarco, Resident Patsy DeMarco's wife, did a wonderful reading, as did members of Boy Scout Troop 86. The Boy Scouts, including Adam, the son of Anna Kaufman, RN, also Presented the Flag and Retired the Colors. Annabelle Hovis played Patriotic Medleys on the piano, and Howard Duff, LPN, also a Veteran, was the Guest Speaker. SSGT Buchanan, Lauren's husband, PFC Hogue, Lauren, as well as Speech Therapist Stacy Saeler's brother, SPC Edwards and Sgt. Black donned their Army National Guard Uniforms and also participated in the Program. Diane Robinson, NHA, presented a framed Certificate of Authenticity and United

States Flag to Orchard Manor Staff and Residents, represented by Resident and Veteran, Bob Bovard, and Howard Duff. Sgt. Justin Robinson, Door Gunner, son of Diane and brother of Emily Robinson, Assistant Activity Director, sent the Flag, which was presented on behalf of Bravo Company, 2nd Battalion, 2-104th General Support Aviation Battalion, supporting America's War on Terrorism during Operation Iraqi Freedom, while deployed to Dhi Qar Province, Iraq. The flag was carried aboard a combat Mission over Iraq in a CH-47 Chinook Helicopter on the 17th of July, 2009. *Veterans who were honored included **U.S. Army** - Bob Bovard, Pat DeMarco, Elizabeth Drennen, Bob Flowers, Tom Forrest, Dale Hennon, Paul Moore, Fred Meier, Gary Taylor and John Thornbury; **U.S. Navy** - Lavern Dunn, Gus Fabry, Jessye Miller and Doris Robson; **U.S. Air Force** - James Heasley and George Hunter, and **U.S. Marines** - Al Ithen.

Salute to Our Military

Orchard Manor would like to acknowledge family members of Residents and Staff who are currently serving in the Military.

- ☆ Spc. Steve Fox,* Army National Guard, son of Wanda Fox, CNA
- ☆ Pfc. Jeremy Fry,* Army, cousin of Amy Bailey, CNA
- ☆ E4 Specialist Adam Reddinger,* Army Infantry, cousin of Amy Bailey, CNA
- ☆ Sgt. Justin Robinson,* Army National Guard, son of Diane Robinson, Administrator

- ☆ Spc. Jacob Sydlik and
- ☆ Spc. Matthew Sydlik, Army National Guard, grandsons of Resident Norie Young
- ☆ Senior Airman Josh Winder and
- ☆ Senior Airman Matt Winder, Air Force Reserves, sons of Laura Knauff, Maintenance Helper, grandsons of Gloria Kaufman, Housekeeper.

*Currently serving overseas

If you have a family member you would like to recognize in the Apple Blossom, please call Laura Cook at 724-458-7760.

New Residents

Mrs. Jean Rihel, 11/2
Mr. Leslie Stilwell, 11/5
Mrs. Bessie Graham, 11/5
Mrs. Elnora Wadlinger, 11/12
Mrs. Susan Pettyjohn, 11/19
Mrs. Louise Boyd, 11/24

Sunshine Way Christmas



We are having a family Christmas Party for the Residents of Sunshine Way. The party is scheduled for Thursday, December 17th at 6:45 pm. There will be cookies and punch for everyone to enjoy and Tim Amerson will be providing the musical entertainment.

Senior Snickers

Skinny Dippin'

After working his farm every day, an old farmer rarely had time to enjoy the large pond in the back that he had fixed up years earlier with picnic tables, horseshoe courts, and benches. So one evening he decided to go down and see how things were holding up. Much to his surprise, he heard voices shouting and laughing with glee. As he came closer he saw it was a group of young women skinny dipping in his pond.

He made the women aware of his presence and they all went to the deep end. One of the women shouted to him, "We're not coming out until you leave."

The old farmer replied, "I didn't come down here to watch you ladies swim or make you get out of the pond naked. I only came down to feed the alligator."

Best Wishes

Best wishes to the following Residents who were discharged from Orchard Manor.

Mrs. Patti Oakes, 11/5
Mr. Robert Flowers, 11/14
Mrs. Katherine Taggart, 11/21

New Employees

Susan Baker, RN, Afternoon Supervisor
Mary Beth Geibel, RN, DON
Erin Krug, LPN
Colleen Miller, LPN

Support Group

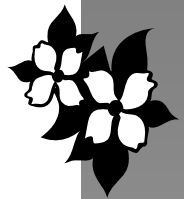
The monthly CAREgiver's Support Group will be having a Christmas get together on Wednesday, December 16 at 10:30 am in the Front Solarium. Please bring a small appetizer to share and a Christmas ornament with a special memory you'd like to share. If you have any questions about the group, please call Mary Jo Palmer at 724-458-4456.

Christmas Service

Christmas is a very special time of year for many reasons. A favorite tradition among families is attending a Christmas Service together. We have planned our Family Christmas Service for Tuesday, December 22nd in the Great Room at 7:00 p.m. Pastor Stephanie Thompson, coordinates the service. The service will include the Grace United Methodist Church Bell Choir and scripture readings by our Residents, Staff, and Family Members. If you need further information, please contact Lauren Buchanan, Emily Robinson or Pastor Stephanie Thompson.

Christmas Party

Jolly Old St. Nicholas will be visiting Orchard Manor on Saturday, December 19th at 2:00 pm to deliver presents and spread some holiday cheer. Little Joe will be entertaining! We invite you to come and visit with our Residents.




Calendar Highlights

- Dec 5 Christmas Bazaar
- Dec 9 Outing to see Christmas lights
- Dec 15 Cookies with Santa
- Dec 16 Door Decorating deadline
- Dec 17 Birthday Celebration
- Dec 19 Resident Christmas Party
Door Decorating winners announced
- Dec 20 Family Christmas Dinner
- Dec 22 Christmas Service
- Dec 28 Barry Spiker & Friends

For a more thorough list of activities and times, please see the calendar on pages 2 & 9.



Orchard Manor, Inc.
20 Orchard Drive
Grove City, PA 16127



Residents of the Month

Don't forget to look at the pictures of our Residents of the Month! They are on the bulletin boards located on each wing.

Bertha Rodgers-B-Wing

Bertha Wilson was born August 30, 1918 in Neshannock Falls near New Wilmington to parents Clyde and Mary Viola Johnston Wilson. Bertha and her three brothers attended Neshannock Falls, a one-room schoolhouse before attending East Brook High School, where she graduated in 1938.

Bertha met her future husband, Walter, at the Grange where she has been a member since 1932. They married in 1941 and continued to be very active members.

Walter and Bertha resided with Walter's parents for a number of years. Because she and her mother-in-law shared the same first name, Bertha became known as Betty.

Later, Walter and Betty moved to Plain Grove and raised their family of two girls, Mary and Grace, and two boys, Clyde and George. The couple was very active in Plain Grove Presbyterian Church for many years. They also worked as janitors at the church from 1956 to 1988.

In addition to cleaning the church, Betty worked as a wife and homemaker. She enjoyed entering produce and crafts at the Lawrence County Fair. Betty's hobbies include reading, cross-stitch, quilting and traveling.

Door Decorating Contest

We encourage everyone to participate in decorating a door for the holidays. It is a great way to have fun with the Residents and show your creativity. Sign up by the Hobby Room if you would like to participate. All doors need to be done by December 16th to participate in the contest. The winners will be announced Saturday, December 19th. Prizes will be given to the 1st, 2nd and 3rd place winners. Please remember that we are unable to put any holes in the doors to secure items; however, we are able to use tape, door hangers or putty. If you have any questions about hanging items, please see Maintenance or Activities.

Dolores Smith-A-Wing

Dolores was born in Springville, NY on November 13, 1927 to parents Mildred and Earl O'Connor. She and her two brothers and three sisters grew up in Buffalo. Along with her siblings, Dolores attended Nativity and Orchard Park High where she graduated in 1945.

After graduating, Dolores married George Allison on September 23, 1948. The couple had four sons, Doug (from a previous marriage), Jim, Jack, Chip, and one daughter, Lori. Jim, Jack and Chip all served in the Navy during the Vietnam Conflict, Doug served in the Army. The family lived in Orchard Park, NY, Erie, PA and Portersville, PA. George worked as a body repair man and was a musician who played guitar and sang country/western music. After the children got older, Dolores would go with him.

Dolores worked for Abstract Mortgage for four years before quitting to raise her family. She also helped run a mail truck company as the dispatcher. At one time, three of her sons also worked there. Dolores became the first female rate clerk in PA to work for a freight hauling trucking company.

In her spare time, Dolores liked to bowl, dance and listen to music. She is a great cook and baker. She enjoyed doing ceramics and even had a kiln for firing them in her home.

Dolores has two granddaughters and one grandson. She also has three great-grandsons and one great-granddaughter.

Christmas Dinner

The Annual Family Christmas Dinner will be held on Sunday, December 20th for the noon meal. Cost will be \$8.00 per plate. Children 5 and under, \$2.00. To have enough food and accommodations for everyone, reservations must be made by December 14th. Payment prior to the dinner is appreciated. You can reserve a place by calling either Linda or Laura at the front desk or by returning RSVP slips inside this newsletter.

