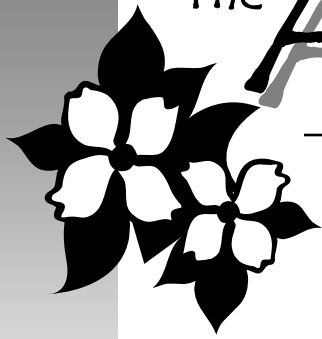


Orchard Manor Presents...



The

Apple Blossom



November 2009

www.orchardmanor.org

Vol. IV Issue 11

A Note from the Administrator

Flu Season Changes Plans

Diane Robinson, NHA
Administrator

Amber Morian-Gowetski, NHA
Assistant Administrator

Cyndi DiBiase
Acting Director of Nursing

Tara Michaels
Social Services/Admissions

Joe Berringer
Social Services/Admissions

Denise Armstrong
Social Services/Admissions

Lauren Buchanan
Activities Director

Emily Robinson
Assistant Activities Director

Judy Boyd
Controller

Verlynda Moyers
Business Office Clerk

Marlene Gaggini
Billing Office Assistant

Donna Roberts, CDM
Dietary Supervisor

Rich Tallis, CDM
Assistant Dietary Supervisor

Brian Begley
Housekeeping/Laundry Director

Scott Anderson
Maintenance Director

Linda Garner
Receptionist

Bonnie Hamilton
Transportation Coordinator

Cyndi DiBiase, RN
Quality Assurance Coordinator

Susan Crevar, RN
A-Wing Manager

Peggy Falla, RN
B-Wing Manager

Margaret Bowers, LPN
Sunshine Way Coordinator

Many thanks to all the Residents, Staff and Family Members who donated candy and money for the Activity Department to make up goodie bags for the Trick or Treaters! And while we don't take canceling activities lightly, when it was determined that it would be in our Residents' best interest to avoid having over a hundred school and daycare children show off their Halloween costumes at Orchard Manor, we know it was disappointing to many people, even though we made sure the children received their treat bags!

As we enter the winter and Holiday season, there will be lots going on to keep our Residents, Staff and Families busy! First, however, we should note that we are doing well in keeping Residents and Staff as healthy as possible, and avoiding the flu! Unfortunately, to do so often means making some tough decisions. The headlines in the local paper, *The Allied News*, recently read that the absences in Grove City schools were unprecedented. We know that many families and staff members are caring for children who are sick, and have even been sick or had the flu themselves. We are just not taking chances with our Residents, especially when, according to our Infection Preventionist, Sandy Quinn, RN, the seasonal flu season, which began on October 1st, continues through March 31st! In addition to tracking all trends and infections at Orchard Manor, Sandy is abreast of CDC guidelines, PA Department of Health

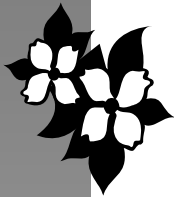
recommendations and the status of the local community.

With this in mind, we are planning our Thanksgiving and Christmas festivities as usual, and we will make daily and weekly analysis' to determine if any changes need to be made. Please know that the potential risk to our Residents will be the basis for any alterations or cancellation of programs and activities.

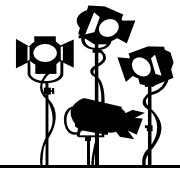
Our Veteran's Day Program on November 11th, the Craft Show on November 21st and 22nd, and the Family Thanksgiving Dinner scheduled for November 22nd, are only a few of the upcoming events that Lauren Buchanan, our new Activity Director and Emily Robinson, Assistant Activity Director, are busy planning for. The drawing for the Thanksgiving Grocery Cart has been **changed** from November 21st to the 22nd, so make sure to get your tickets, as the Cart includes a turkey, pie and lots of other fun and useful items.

Regarding updates on other issues, I apologize that the Window Replacement Project has been delayed due to some "red tape" concerns, however once the issues are clarified, immediate installation will begin with as little disruption to Residents as possible. A new Director of Nurses has been hired and she will begin later this month. More information will be forthcoming, and introductory meetings will be scheduled in the next few weeks.

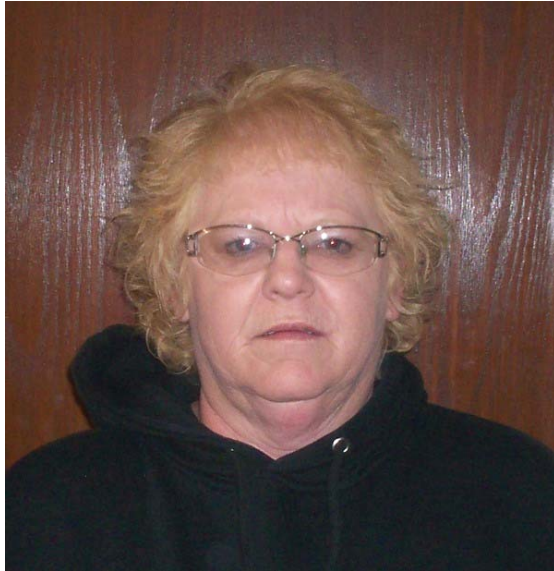
Diane Robinson, NHA
Administrator



Employee Spotlight



Bonnie Trowbridge, CNA



Bonnie Trowbridge has worked as a CNA at Orchard Manor for 18 years. She enjoys caring for the Residents, meeting new people and co-workers that give 100% to their job. She says it has changed a lot over the years, but still has a happy atmosphere.

Bonnie grew up in Boyers and attended Moniteau High School. She has seven brothers and two sisters. Her brother, Tom, just served 20 years in the Marines and retired at the age of 38.

For four years, Bonnie lived in Utah where she worked at a handicapped center for two years. She calls it a very special place.

Bonnie is a mother to two sons and has two grandchildren, Kylee, 2, and Tyler, 7 months. She likes to rearrange her furniture at least twice a week, a habit she picked up from her mother.

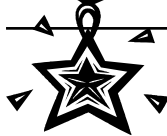
One of Bonnie's favorite memories is making ice cream out of snow with her grandmother.

In her spare time, Bonnie likes to shop, read and spend time with her grandchildren and friends.

Sometime in the future, Bonnie would like to work in an operating room, handing the tools to the surgeon.



Our Dedicated Staff



Service Anniversaries for November

Sandy Quinn, RN, Infection Preventionist,
Staff Development Coordinator—26 years

Sandy Saeler, LPN—17 years

Amy Knight, Cook's Helper—7 years

Patty Harkless, LPN—6 years

Mike Young, CNA—6 years

Robyn Covert, Purchasing Manager—6 years

Rich Tallis, CDM,
Assistant Dietary Manager—5 years

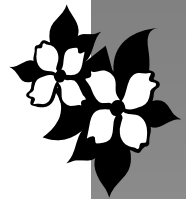
April Stanley, CNA—1 year

Ashton Hensley, CNA—1 year



Chaplain's Chatter

Pastor Walter Hehman



Thanksgiving—A Dee Dah Day

Thanksgiving Day is annual holiday observed in the United States on the fourth Thursday in November. The holiday commemorates the Pilgrims celebration of the good harvest of 1621.

It was not easy for the Pilgrims when they arrived at Plymouth after a long voyage from England. The first winter they were here many of the Pilgrims lost their lives to the cold weather and starvation. We are told that a few kernels of corn everyday was the only food they had. So it is easy to understand why the harvest celebration in 1621 was a “Dee Dah Day”

What exactly is a “Dee Dah Day?” I’m glad you asked that question. A “Dee Dah Day” is a day of “Joy.” It’s a celebration of “Joy.” It’s a day that you can do the “Dee Dah Day Dance.” It is probably easier for children to do the dance and experience the joy than it is for the adults. I wonder why that is?

I think it’s because adults are used to hurrying. We are preoccupied with our own agenda. We are trapped in a rut. We are moving from task to task. Our lives are in transit. We always seem to be trying to get somewhere so that we can stand in a line or wait for a meeting to end or trying to get a task completed. Then we worry about something that doesn’t happen. Or we are angry about something that did happen.

The above situations are all experiences that can keep us from celebrating “Joy.” In the Old Testament, Book of Nehemiah, there is a short phrase that states, “The Joy of the Lord is your strength” (Nehemiah 8:10). Joy is at the heart of God’s plan for mankind. Joy is at the heart of God. Since we are made in the image of God, I believe that Joy can be present in our hearts as well.

Life does contain days and experiences that call for tears. There are days where we skin our knees or feel the harsh bruises of life. But Joy can still be found in life because each day is a Joy. Psalm 118:24 states, “This is the day that the Lord has made, let us rejoice and be glad in it.”

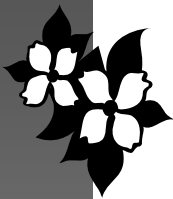
Thanksgiving Day offers us an opportunity to rejoice and be glad. It has the potential to be a joy-filled day and it can become a lesson in adopting a “Dee Dah Day” of joyful living. How can this be when holidays are filled with tension and stress. We can find Joy in the eating of a meal with other people. Eating forms fellowship as we sit around the table. The Joy of Thanksgiving is not found in the abundance of food, but in the life-giving nurture of food. Make a special effort to spend time with the special people in your life. Make an effort to repair relationships. Other opportunities are to donate to a food pantry or help serve a Thanksgiving meal to those in need. Remember that Joy is central to the life of God and work at being a reflection of that Joy on a “Dee Dah Day.”

Pastor Walt

Note: The “Dee Dah Day” concept comes from *The Life You’ve Always Wanted* by John Ortberg. The dance is simple, dance in a circle with your arms up and shout “Dee Dah Day!”

Support Group

The monthly CAREgiver’s Support Group will be held on Wednesday, November 18 at 10:30 am in the Front Solarium. If you have any questions about the group, please call Mary Jo Palmer at 724-458-4456.



Our Deepest Sympathy

Everyone at Orchard Manor extends our heartfelt thoughts and prayers to the family and friends of the following Residents who recently passed away.

Mr. James Keister, 10/2

Mrs. Agnes "Becky" Byler, 10/11

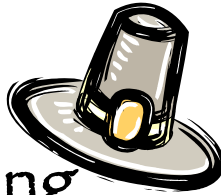
Mrs. Tillie Bernath, 10/14

Mr. Robert Solkovy, 10/21

Mrs. Effie Arbuckle, 10/24

Mr. Robert Filer, 10/28

Family Thanksgiving Dinner



The Annual Family Thanksgiving Dinner will be held on Sunday, November 22nd for the noon meal. Cost will be \$8.00 per plate. Children 5 and under, \$2.00. To have enough food and accommodations for everyone, reservations must be made by November 16th. You can reserve a place by calling either Linda or Laura at the front desk or by returning RSVP slips inside this newsletter.

Salute to Our Military

Orchard Manor would like to acknowledge family members of Residents and Staff who are currently serving in the Military.

- ☆ Spc. Steve Fox,* Army National Guard, son of Wanda Fox, CNA
- ☆ Pfc. Jeremy Fry,* Army, cousin of Amy Bailey, CNA
- ☆ E4 Specialist Adam Reddinger,* Army Infantry, cousin of Amy Bailey, CNA
- ☆ Sgt. Justin Robinson,* Army National Guard, son of Diane Robinson, Administrator

Craft Show

The 6th Annual Fall Craft Show will be held Friday, November 20th and Saturday, November 21st. We have several craft vendors that will be setting up for the show. They will be displaying a variety of hand-made items ranging from candles, flower arrangements, ceramics, quilts and much, much more.

The doors will be open to the public Friday, November 20th from 10:00—4:00 and Saturday, November 21st from 9:00—4:00.

Veteran's Day Program

Orchard Manor will be honoring our Veterans on Wednesday, November 11th at 7:00 pm in the Great Room. We invite Family Members and Friends to join us for a short Veterans' Day Program. As in years past, we ask that families provide a service photo and any other pertinent information, such as branch of the military and rank, to the Activity Department. We will post all the pictures of the Veterans on an Honor Board the week prior to Veterans' Day. Hope to see everyone on Wednesday evening.



- ☆ Spc. Jacob Sydlik and
 - ☆ Spc. Matthew Sydlik, Army National Guard, grandsons of Resident Norie Young
 - ☆ Senior Airman Josh Winder and
 - ☆ Senior Airman Matt Winder, Air Force Reserves, sons of Laura Knauff, Maintenance Helper, grandsons of Gloria Kaufman, Housekeeper.
- *Currently serving overseas

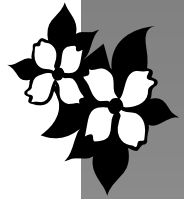
If you have a family member you would like to recognize in the Apple Blossom, please call Laura Cook at 724-458-7760.

New Residents

Mr. Robert Flowers, 10/1
Mrs. Della "Beryl" Hoffman, 10/1
Mrs. Katherine Taggart, 10/19
Mrs. Ethel Thompson, 10/23
Mrs. Violet Thompson, 10/27
Mr. Robert Filer, 10/27

Best Wishes

Best wishes to the following Resident who
was discharged from Orchard Manor.
Mr. Jeffrey Royer, 10/23

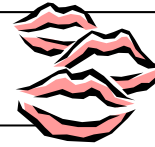


New Employees

Lauren Buchanan, Activity Director



Senior Snickers



More Sunday School Lessons

HIGHER POWER: A Sunday school teacher said to her children, 'We have been learning how powerful kings and queens were in Bible times, but there is a Higher Power. Can anybody tell me what it is?' One child blurted out, 'Aces!'

MOSES AND THE RED SEA: Nine-year-old Joey was asked by his mother what he had learned in Sunday School. 'Well, Mom, our teacher told us how God sent Moses behind enemy lines on a rescue mission to lead the Israelites out of Egypt. When he got to the Red Sea, he had his army build a pontoon bridge and all the people walked across safely. Then he radioed headquarters for reinforcements. They sent bombers to blow up the bridge and all the Israelites were saved.' 'Now, Joey, is that really what your teacher taught you?' his mother asked. 'Well, no, Mom, but if I told it the way the teacher did, you'd never believe it!'

THE LORD IS MY SHEPHERD: A Sunday School teacher decided to have her young class memorize one of the most quoted passages in the Bible - Psalm 23. She gave the youngsters a month to learn the chapter. Little Ricky was excited about the task - but he just couldn't remember the Psalm. After much practice, he could barely get past the first line. On the day that the kids were

scheduled to recite Psalm 23 in front of the congregation, Ricky was so nervous. When it was his turn, he stepped up to the microphone and said proudly, 'The Lord is my Shepherd, and that's all I need to know.'

UNANSWERED PRAYER: The preacher's 5 year-old daughter noticed that her father always paused and bowed his head for a moment before starting his sermon. One day, she asked him why. 'Well, Honey,' he began, proud that his daughter was so observant of his messages, 'I'm asking the Lord to help me preach a good sermon.' 'So, how come He doesn't?' she asked.

UNTIMELY ANSWERED PRAYER: During the minister's prayer one Sunday, there was a loud whistle from one of the back pews. Tommy's mother was horrified. She pinched him into silence and, after church, asked, 'Tommy, whatever made you do such a thing?' Tommy answered soberly, 'I asked God to teach me to whistle, and He did!'

TIME TO PRAY: A pastor asked a little boy if he said his prayers every night. 'Yes, sir,' the boy replied. 'And, do you always say them in the morning, too?' the pastor asked. 'No sir,' the boy replied. 'I ain't scared in the daytime.'

Calendar Highlights

- Nov 4 Sunshine Brothers Clothing Sale
- Nov 5 Birthday Celebration
- Nov 11 Veterans' Celebration
- Nov 13 America the Beautiful
- Nov 20-21 Annual Craft Show
- Nov 22 Family Thanksgiving Dinner
- Nov 23 Barry Spiker & Friends
- Nov 26 Thanksgiving Day
- Nov 29 Piano Recital with
Arlene Cooper's Students

*For a more thorough list of activities
and times, please see the calendar on pages 2 & 9.*



HAPPY BIRTHDAY

- 11/1 Margaret "Norie" Young
- 11/13 Dolores Smith
- 11/14 Myrtle Knauff
- 11/15 Nancy Indre
- 11/18 Dorothy Hoffman
- 11/22 Stacia Moore
- 11/23 Ruth Dietrich
- 11/27 Carolyn Hollands
- 11/27 Marian Hutcheson
- 11/30 Sam McConnell



Orchard Manor, Inc.
20 Orchard Drive
Grove City, PA 16127



Residents of the Month

Don't forget to look at the pictures of our Residents of the Month! They are on the bulletin boards located on each wing.

Margaret "Peggy" Curry A-Wing

Peggy Curry was born on September 8, 1936 in Grove City to parents Leonard and Bessie Graham. Peggy had two brothers and no sisters. She attended Grove City Schools and graduated in 1954.

After graduation, Peggy married later that same year. She had five children, Cindy (Cross), Jeff, Scott (now deceased), Kathy (Gilmore) and Cheryl (Graham).

Peggy worked at Grove City College in the Food Service Department. One of her favorite pastimes is Bingo.

Ina "Gene" Wallwork—B-Wing

Ina "Gene" was born on New Year's Day 1912 in Marion Township, Butler County. She grew up outside of Harrisville along with her six brothers and five sisters and parents, Frank Leon and Ina Emily Surrena Eaton. The children attended Red Brush School.

On March 7, 1936, Gene married John Wallwork. The couple had one daughter, Betty (Himes) and two grandchildren, Dana Roman and Tim Himes. She now has two great-grandchildren, Kaylyn and Cheyanne Himes. Gene was one of the first residents of Fellowship Manor.

Gene worked as a housekeeper and loved to bake. She made delicious bread! She is always happy and laughing. Gene loves to sing, watch the Pittsburgh Pirates and play cards.

Rose Louise Bishop Sunshine Way

Rose was born in Argentine on March 21, 1924. In her childhood years, she lived in Eau Claire and Cherry Valley. She went to a one-room schoolhouse called Byron Center School and graduated from Eau Claire High School.

Rose married John Gardner at the Eau Claire Presbyterian Church and they had 4 children: a set of twins, Jerry and Cherrie, a son, Bill and another son, John D, whom she lovingly calls D.J. John and Rose raised their family in Eau Claire and eventually moved to Wick, near Forestville. Many years after John's death, Rose married Tom Bishop.

Rose is a long time member of Bethel Presbyterian Church. She enjoys music very much and her son-in-law, Buck Braithwaite, is a wonderful singer who has sung for us at Orchard Manor. Buck and his wife, Rose's daughter, Cherrie live in Berkeley Springs, West Virginia.

Rose's favorite color is blue and she loves roses. She has a green thumb and enjoys working with plants. She also likes dancing and old-fashioned soft music like Dean Martin, Andy Williams and Perry Como. She likes bingo and playing cards. Her favorite memory is taking her kids to the zoo.

Rose is very kind to all the Residents in Sunshine Way. She reads poetry to them and is a poet herself. She has written many poems in her life and the poem on the Resident board was written to honor her mother for her 90th birthday.

Rose says all of the people at Orchard Manor have been good to her and if she can't be at her own home, she is still in a good place.

Congratulations

To Donna Roberts, CDM, Dietary Manager, for being honored with a "Sodexo CARES" award. The award recognizes an individual who has demonstrated an exceptional focus on enhancing the Resident experience by going above and beyond the call of duty in meeting or exceeding Resident needs. Both Sodexo, Orchard Manor's food service

company, and Orchard Manor are very proud of Donna's achievement and look forward to her continued success in support of the partnership with Sodexo and Orchard Manor. Donna was recently presented the award at Sodexo's Annual Awards and Recognition Celebration in Harrisburg, PA.

