



The Apple Blossom

October 2009

www.orchardmanor.org

Vol. IV Issue 10

A Note from the Administrator

H1N1 Virus Update

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Judy Boyd
Controller

Verlynda Moyers
Business Office Clerk

Marlene Gaggini
Billing Office Assistant

Donna Roberts, CDM
Dietary Supervisor

Rich Tallis, CDM
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Brian Begley
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Scott Anderson
Maintenance Director

Linda Garner
Receptionist

Bonnie Hamilton
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Susan Crevar, RN
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Peggy Falla, RN
B-Wing Manager

Margaret Bowers, LPN
Sunshine Way Coordinator

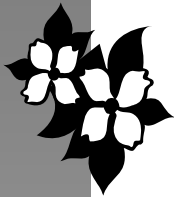
With all the media attention being given to the Novel influenza, (H1N1), an update on what Orchard Manor is doing is in order! Mistakenly, the news media often continues to refer to the H1N1 influenza as the "Swine flu"; however, the virus was originally misnamed and caused an unwarranted fear of pigs earlier this spring. The virus is transmitted person to person. The public is well informed as to exactly what the H1N1 virus is, including symptoms, prevention, i.e., hand washing and covering your cough, etc. However, when reporting on the H1N1 virus, the news often refers to a possible pandemic. What exactly is a "pandemic"?

A pandemic is an outbreak of an infectious disease that affects people or animals over an extensive geographical area. A pandemic is not like an earthquake or a fire where the impact is localized and help can be shifted from one area to another. A pandemic could hit everywhere at once, and every individual and community will need to maximize its own resources. The World Health Organization, (WHO), developed a system of phases, based on criteria regarding the emergence of a novel strain of influenza, the ability to cause severe disease in humans and the ability of the virus to be transmitted from person to person. WHO has classified the H1N1 influenza to be in the pandemic phase: increased and sustained transmission in the general population. There have been pandemics in the past that affected the United States as well as the entire world. The Spanish influenza took place in 1919-1919, the Asian flu was in the 1957-58 and the Hong Kong flu took place in 1968-69.

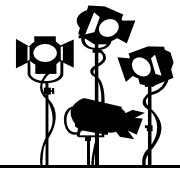
In response to the H1N1 influenza, and as previously reported, Orchard Manor holds monthly and quarterly Infection Control meetings, as well as addresses specific issues on a daily basis. Sandy Quinn, RN, our Infection Control Professional, attends regularly scheduled meetings with other Infection Control Professionals. In addition to staying abreast with pertinent information and trends regarding all infections and communicable diseases, Sandy also sends and receives correspondence and has contact with other health care facilities in the community, the Center for Disease Control, (CDC), and the PA Department of Health.

In light of the H1N1 influenza virus, a number of Orchard Manor staff have received training specific to the threat of a pandemic. Our Pandemic Committee has developed a contingency plan that will provide quality care to Residents, safe working conditions for employees and effective communication with Residents, families and loved ones in the event of a pandemic. The Plan addresses all aspects of operation including staffing during the possibilities of staffing shortages, the delivery of food, water, medical supplies, etc., plans with the pharmacy for medications, etc. Visitors will soon see Respiratory Hygiene Stations at the front and back entrances. The stations will include hand sanitizer, Kleenex and masks for visitors who have a cough that may be related to an infection. There will also be updated CDC pamphlets regarding the flu.

Orchard Manor has worked hard to temper common sense with responsible



Employee Spotlight



Susan Penna, LPN



Susan “Sue” Albert Penna has worked at Orchard Manor as an LPN for nearly 8 years. She has been a regular fixture in Sunshine Way on the afternoon shift since it opened 6 years ago. Prior to her 32 years as an LPN, Sue worked as a CNA at Shriners Hospital in Erie.

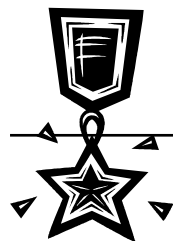
Sue was born in Butler, PA to parents Galen and June Albert. June was a Resident in Sunshine Way for a time. Sue was raised in Prospect and graduated from Slippery Rock High School. She attended Slippery Rock College and California State College then graduated from Butler Community College as a Practical Nurse in 1977.

In addition to PA, Sue has also held nursing licenses in Illinois and North Carolina. She has resided in both states and her son, James, was born in Morgantown, NC. Sue has three siblings, two brothers, Galen and Chuck, and one sister, Diane.

In her spare time, Sue enjoys spending time with her family, especially her son James and his girlfriend, Jamie. James is a singer-songwriter who performs and records his own work. Sue is also a football fan, especially the Steelers. She spends a lot of time outdoors mowing the grass and working in the yard. Sue likes to collect and use gadgets, especially tools. Her pets are a part of her family, particularly her Boston terrier-beagle mix, Pudgee. She also has five cats, Giggles, Ziggy, Googles, Skunkee and Miss Kitty.

Sue has fond memories of growing up in a warm and loving family, taking vacations with them to Erie and Nags Head, NC. Her best memory is of watching her son grow up.

Sue truly enjoys her job on Sunshine Way and feels fortunate to have found her nursing niche working with Alzheimer’s Residents. She loves all her Residents and their families and feels lucky to be a part of the Orchard Manor team.



Our Dedicated Staff

Service Anniversaries for October

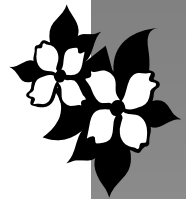
Linda Garner, Receptionist—41 years
Dora Miller, CNA—17 years
Scott Anderson,
Maintenance Supervisor—15 years
Becky Snow, LPN—14 years
Lynda Jenkins, CNA—6 years

Verlynda Moyers, Business Office Clerk—6 years
Barb Robinson, CNA—4 years
Robin Scudier, CNA—1 year
Ryan Brain, CNA—1 year
Janet Whitmer, Activities Aide—1 year
Sally Watkins, LPN—1 year



Chaplain's Chatter

Pastor Stephanie Thompson



Seasons of Life

It is an incredible time of year isn't it? I don't know about you, but I always find myself ready for *this* change.

For me, spring is a Season of Restlessness which gives way to summer's Season of Expectation. Let me explain. Though I can't complain about the heat this year – after all it was not all that hot (am I complaining?), it really is a season of have-to's and expectations – we are expected to attend a picnic here, a boat ride there, to endure a visit from Aunt so and so and Uncle what's-his-name, and we have the endless job of putting on SPF 50+ lotion so we don't get sunburned, and of smelling like chemicals because of slathering on the bug stuff to ward off the black cloud that is following us around (oh my, weren't they awful this year!). Then there is the food – we eat potato salad and burgers from the grill six nights out of seven, and a woman's favorite past time becomes finding ways to disguise zucchini in this dish or that to use the stuff up. Frankly, I am tired of summer by now – I am glad it is over.

Autumn – wonderful autumn – it is no wonder that this is for me the Season of Contentment. I will never tire of the soul contentment that comes from hot days followed by cool nights, the beauty of the changing colors, the smell of wood smoke in the crisp morning air, or the mad dash to finish up canning, or to fill the wood shed, or to get the painting done before the rains come. For me, it is a fact -- when autumn comes, I am ready for it to come. My soul is content, I am happy for this change.

But somehow, it never lasts long enough. Perhaps it is overshadowed by what is coming, for more change is on the way, isn't it? Close on its heels is the big one -- WINTER. For me, winter is the Season of Resignation. I have learned that wishing it would not come does not change the fact that it will, so I am resigned that it will be. The best I can do then is to be as ready for it as I can, in fact I *must* be ready for it. That takes effort and care and purposeful planning – but even stocking up on the

essentials in preparation of a Nor'easter does not mean that I will never be caught off guard; however, those times can be the exception and not the rule.

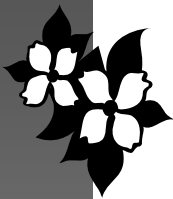
All joking aside, the seasons of nature help me to understand the seasons of my life. You see, like nature, there are in all of our lives Seasons of Restlessness, of Expectations, of Contentment – the fact is we don't really mind any of those too much, but there are Seasons of Resignation that come around too. We know they must come, wishing they would not does not change the fact that they will. We will never really love this season, it is never really welcome, but it will come and the best we can do is to be ready for it when it does. In fact, we *must* be ready for it.

Like getting ready for a Nor'easter, being ready for a Season of Resignation takes effort and care and purposeful planning, stocking up on the essentials in preparation for its coming – A friendship with God, one where we have conversation every day, many times a day, a solid support network of family and friends, others outside of ourselves to care for and about, a realization of the frailty of life and the importance of savoring every day and making each moment of it the best moment it can be – all of these and many more are what prepare us against the storms that will come. And when they do come, we can withstand. We may still occasionally be caught off guard, but that can be the exception and not the rule. May God bless us all as we make our preparations.

Pastor Stephanie

Support Group

The monthly CAREgiver's Support Group will be held on Wednesday, October 21 at 10:30 am in the Front Solarium. If you have any questions about the group, please call Mary Jo Palmer at 724-458-4456.



Halloween Bash

On Saturday, October 31st, keep your eyes peeled for some scary and not-so-scary creatures roaming the hallways of Orchard Manor. The Halloween Party will be held in the Great Room at 2:30 pm. Little Joe, a well-known musician from the area, will be providing the entertainment. He will play Rock-n-Roll, Honky Tonk, Jazz, Oldies and more. Please join us in the fun!

Thanksgiving

The annual Family Thanksgiving Dinner will be held on Sunday, November 22nd for the noon meal. Cost will be \$8.00 per plate and reservations must be made. Watch for reservation slips in next month's Apple Blossom!

Our Deepest Sympathy

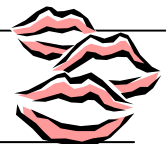
Everyone at Orchard Manor extends our heartfelt thoughts and prayers to the family and friends of the following Residents who recently passed away.

- Mrs. Harriet Sloan, 9/4
- Mrs. Mary McGarvey, 9/2
- Mr. Ralph Erb, 9/21
- Mrs. Sherry Bashline, 9/22
- Mrs. Patricia Ferringer, 9/27

As you hold me close in your memory,
Although we are apart,
My spirit will live on,
There within your heart.

~Unknown

Senior Snickers



Sunday School Lessons

LOT'S WIFE: The Sunday School teacher was describing how Lot 's wife looked back and turned into a pillar of salt, when little Jason interrupted, 'My Mommy looked back once while she was driving,' he announced triumphantly, 'and she turned into a telephone pole!'

GOOD SAMARITAN: A Sunday school teacher was telling her class the story of the Good Samaritan. She asked the class, 'If you saw a person lying on the roadside, wounded and bleeding, what would you do?' A thoughtful little girl broke the hushed silence, 'I think I'd throw up.'

TIME TO PRAY: A pastor asked a little boy if he said his prayers every night. 'Yes, sir.' the boy replied. 'And, do you always say them in the morning, too?' the pastor asked. 'No sir,' the boy replied. 'I ain't scared in the daytime.'

DID NOAH FISH?: A Sunday school teacher asked, 'Johnny, do you think Noah did a lot of fishing when he was on the Ark ? 'No,' replied Johnny. 'How could he, with just two worms?'

BEING THANKFUL: A Rabbi said to a precocious six-year-old boy, 'Your mother says your prayers for you each night? That's very commendable. What does she say?' The little boy replied, 'Thank God he's in bed!'

EQUAL REPRESENTATION: When my daughter, Kelli, said her bedtime prayers, she would bless every family member, every friend, and every pet, current and past. For several weeks, after we had finished the nightly prayer, Kelli would say, 'All girls.' This soon became part of her nightly routine, to include this closing. My curiosity got the best of me and I asked her, 'Kelli, why do you always add the part about all girls?' Her response, 'Because everybody always finishes their prayers by saying 'All Men!'

SAY A PRAYER: Little Johnny and his family were having Sunday dinner at his grandmother's house. Everyone was seated around the table as the food was being served. When Johnny received his plate, he started eating right away. 'Johnny! Please wait until we say our prayer.' said his mother 'I don't need to,' the boy replied.' Of course, you do.' his mother insisted. 'We always say a prayer before eating at our house.' 'That's at our house.' Johnny explained. 'But this is Grandma's house and she knows how to cook!'

H1N1 Update, continued

planning and actions to address the H1N1 virus and a possible pandemic. Rather than succumbing to fear, a natural emotion for many to experience in such a situation, it is reassuring to know that since Orchard Manor is an integral part of the healthcare community, we shall make sincere attempts to comply with public health directives, cooperate with other healthcare facilities and be supportive of the community as a whole. By doing so, we will continue to provide the best possible care to our Residents, as well as carry that care and concern forward to our employees, families and visitors.

Trick or Treat

This year Orchard Manor will be holding a Trick-or-Treat Halloween Parade. Individual goodie bags will be given to the trick-or-treaters after the parade. Resident family members are welcome to come in and sit with Residents during the Trick or Treat Parade. The event will be held Thursday, October 22nd between 6:30 and 7:30 p.m. Please sign up on the sheet located outside the Hobby Room if your children will be attending. It is very important for families to sign their children up in advance so that we have enough goodies for everyone.

If you would like to donate treats or other goodies for inside the bags, please see any Activities Staff member or the Receptionists.

Salute to Our Military

Orchard Manor would like to acknowledge family members of Residents and Staff who are currently serving in the Military.

- ☆ Spc. Steve Fox,* Army National Guard, son of Wanda Fox, CNA
- ☆ Pfc. Jeremy Fry,* Army, cousin of Amy Bailey, CNA
- ☆ E4 Specialist Adam Reddinger,* Army Infantry, cousin of Amy Bailey, CNA
- ☆ Sgt. Justin Robinson,* Army National Guard, son of Diane Robinson, Administrator

New Residents

Mrs. Elizabeth Drennen, 9/1
Mrs. Doris Fabry, 9/8
Mr. Augustine Fabry, 9/8
Mr. Ralph Erb, 9/9
Mrs. Esther Plouse, 9/25
Mrs. Doris Robson, 9/24
Mrs. Mary McNeish, 9/30
Mr. Jefferey Royer, 9/30

New Employees

Faith Carroll-Gilen, CNA
Debra Cyphert, Dietary Aide
Terry Wamsley, CNA
Della Wise, CNA
Marlene Wallace, CNA
Michael Shorey, CNA

Best Wishes

Best wishes to the following Residents who were discharged from Orchard Manor.

Mr. Clarence McCracken
Mrs. Theresa Plichta

Memory Walk

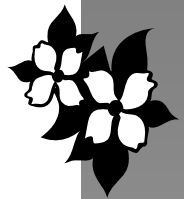
Thank you to all who participated and donated to the Memory Walk! Again, thank you for your support!



- ☆ Spc. Jacob Sydlik and
- ☆ Spc. Matthew Sydlik, Army National Guard, grandsons of Resident Norie Young
- ☆ Senior Airman Josh Winder and
- ☆ Senior Airman Matt Winder, Air Force Reserves, sons of Laura Knauff, Maintenance Helper, grandsons of Gloria Kaufman, Housekeeper.

*Currently serving overseas

If you have a family member you would like to recognize in the Apple Blossom, please call Laura Cook at 724-458-7760.



Calendar Highlights

- Oct 6 Sounds Good with Susan
- Oct 8 Birthday Celebration with Chuck Thorpe
- Oct 13 Loving Life Program
- Oct 15 Full Gospel Lighthouse
- Oct 22 Family Trick or Treat Night
- Oct 26 Barry Spiker and Friends
- Oct 29 Mercer Variety Players
- Oct 30 YMCA Trick or Treat
- Oct 31 Halloween Party with Little Joe

For a more thorough list of activities and times, please see the calendar on pages 2 & 9.

Happy Birthday!

- 10/4 Eleanor Hays
- 10/8 Carrie Basham
- 10/8 Marie Brown
- 10/11 Norma Schwerin
- 10/11 Hazel Campbell
- 10/12 Zora Evakich
- 10/14 Helen Dininger
- 10/14 Kathryn Houts
- 10/15 Angie Corbin
- 10/18 David Berti
- 10/22 Dorothy Royer
- 10/22 Dolores Cokain
- 10/24 Ginette White
- 10/27 Connie Hartung
- 10/28 Alfreda McCracken
- 10/29 Alma Dally



20 Orchard Drive
Grove City, PA 16127

Orchard Manor, Inc.



Residents of the Month

Don't forget to look at the pictures of our Residents of the Month! They are on the bulletin boards located on each wing.

Gabrielle Birney—B-Wing

Gabrielle "Gaby" DeCock was born on December 11, 1916 to parents Joseph and Leontine DeCock in Montreal, Quebec, Canada. She and her sister, Helen, along with their three brothers, Albert, Andy and Raymond grew up in the Bronx, New York City. The children attended Evander Childs High School, where Gaby graduated in 1933.

In 1944, Gaby married Roy Greenhow. The couple had one child, Roger. The family moved around a lot, but mostly lived in Springfield, Virginia. After Roy passed away, Gaby married Conrad Birney.

Gaby was employed as a statistician for the Johns Manville Co. Since Gaby's parents were from Belgium, she can speak French.

Gaby has a green thumb and raised African Violets. She also enjoyed crocheting, needlepoint and embroidery. Her son Roger says he has an outstanding mother. She was always well organized and kept the home clean. Her favorite foods are spaghetti, cheese cake and chocolate ice cream.

Gaby has two grandchildren, Amy and Roy, and four great grandchildren, Anthony, Kami, R.J. and Nichola.

Crafters Wanted

We are planning our 6th Annual Fall Craft Bazaar. We are looking for vendors to display and sell their merchandise. If you or anyone you know would like a space this year, the cost is \$5.00 per space, per day. There are 40 spaces available. The event is scheduled for Friday, November 20th from 10:00am—4:00pm and Saturday, November 21st from 9:00am—4:00pm. Stop by the front desk or call 724-458-7760 to receive a registration form. Be sure to register soon, as space will go fast!

James Kiester—A-Wing

James Kiester was born on December 19, 1917 in North Braddock, PA to parents Henry and Vernetta Kiester. Jim and his eight siblings grew up on the family farm in Kiester, PA and attended Harrisville and Butler High Schools. He graduated in 1936.

In 1939, Jim married Elizabeth Weller. The couple had five children, Jimmy, Donna, Henry, Herky and Ted. The family lived in Sharon, PA, where Jim worked as a mail carrier for 36 years.

During the Depression, Jim worked with an electrician for free, just to learn the trade. He also served during World War II. As a Lieutenant, Jim taught new recruits how to shoot.

In his spare time, Jim enjoyed trapping, fishing, hunting and hiking. When he was a child in the 20s and 30s, his fishing and hunting skills fed the family. He literally caught thousands of crappie every year and wore out more than one boat and motor!

Each year when the Shenango Dam was drawn down for the spring, Jim would collect the once-lost fishing lures. He now has a collection of thousands of lures and plugs. The family is currently in contract with Cabela's and Bass Pro Company to display this marvelous collection of fishing lures that Jim collected over the course of 60 years.

Jim's best trait was never saying no, and he helped countless people in his lifetime.

Mary Dankovich—Sunshine Way

Mary Dankovich was born on March 9, 1923 in Sanford, North Carolina. She was one of five children born to parents, Mary and Walter.

Mary attended Sanford High School where she graduated in 1941. On December 8, 1945, she married banker Kal Dankovich. The couple had two children, Mary Sue (Lowman) and Kal Dankovich II. The family lived in Masury, OH, Clarion, and Grove City.

Mary worked as a housewife and in her spare time, she enjoyed knitting, embroidering, baking and shopping. She also liked to play cards.

