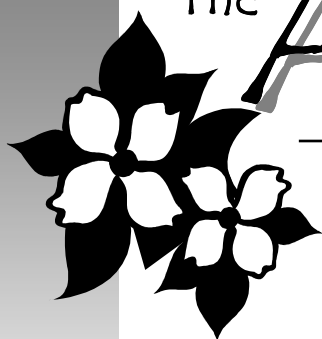


Orchard Manor Presents...



The Apple Blossom

February 2007

Vol. II Issue 2

A Note From the Administrator Restorative Program

Diane Robinson, NHA
Administrator

Amber Morian-Gowetski, NHA
Assistant Administrator

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Director of Nursing

Mary Jo Palmer
Social Services/Admissions

Joe Berringer
Social Services/Admissions

Faith Mong
Activities Director

Judy Boyd
Accounting Coordinator

Verlynda Moyers
Business Office Clerk

Marlene Gaggini
Billing Office Assistant

Donna Roberts, CDM
Dietary Supervisor

Rich Tallis, CDM
Assistant Dietary Supervisor

Brian Begley
Housekeeping/Laundry Director

Scott Anderson
Maintenance Director

Linda Garner
Receptionist

Laura Cook
Administrative Assistant

Bonnie Hamilton
Transportation Coordinator

Cyndi DiBiase, RN
Quality Assurance Manager

Susan Crevar, RN
A-Wing Manager

Janet Dionisio, RN
B-Wing Manager

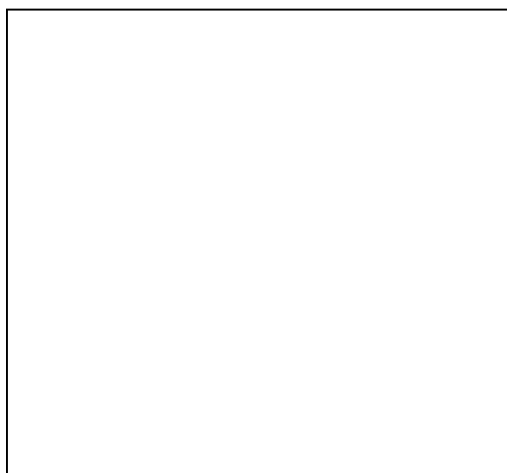
Tracey Cramer, LPN
Sunshine Way Coordinator

Pictured below is Resident Norie Young with Restorative Aides Elaine Evans (L) and Jessica Blom (R). When Norie's daughter, Jean, gave us this picture, we thought it would be interesting to provide information about our Restorative Program, which is an integral part of Orchard Manor's services.

The Restorative Program is a branch of the Nursing Department and is designed to help Residents' quality of life by providing assistance with activities of daily living. At Orchard Manor, both Certified Nurses Aides and Certified Nurses Aides holding *Restorative Aides* positions carry out programs that are developed by Speech, Physical and Occupational Therapists and the Restorative Nurse, under the direction of each Resident's physician. Restorative services are provided when

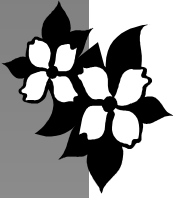
a Resident no longer qualifies for other, usually Skilled, Therapies. The individualized programs help Residents improve and maintain their highest functional abilities, which include self-esteem and independence. The program has had many successes with helping Residents to recover their mobility, ambulation and range of motion, which in turn promote increased functioning with activities of daily living, such as grooming, personal hygiene, bathing, dressing, etc. Residents respond positively to the program, which includes not only working toward and accomplishing their goals, but also

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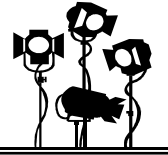


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Employee Spotlight



Erma McKnight, Activity Aide/CNA



Erma McKnight has worked at Orchard Manor for 30 years. She has been both a Nurse's Aide and Physical Therapy Aide prior to her current position as an Activity Aide.

Erma loves her job in Sunshine Way because it is fun and different everyday. It's also challenging and very rewarding.

Erma Jean Thompson was born in Possum Hollow, near Coaltown in Cherry Township, Butler County. She went to Flat Rock school and graduated from Moniteau High School. She has three older sisters and one spoiled baby brother. Her husband, Willy, tells people she's short because she didn't get enough sunlight living in the woods! "Some of the best days of my life were spent running in the woods and playing in the 'crick'."

When she was 17, Erma married the love of her life, Willy. Nine days later, Willy was sent to Vietnam. After his return, the McKnight's moved to Colorado Springs, where their

"Yankee-Doodle Boy" Jimmy was born on July 4th. Jimmy and his beautiful wife Shawna have 3 children, Samantha, Austin and Alyson Amy.

In her spare time, Erma buys and sells antiques, bakes pies and collects oldies music. She loves to cook and entertain friends. Each year they host a huge Easter Egg hunt for kids.

Erma has quite a history with Orchard Manor. Her Mother-in-law, who had been an RN at Orchard Manor, Grandmother, three Aunts and one Uncle have all been Residents. Her sister, Eleanor, is currently living in Sunshine Way. When Erma leaves at night, she knows Eleanor is in "a loving, safe place. I would not have wanted any of them anywhere else."

Erma's favorite memories are of all the wonderful people she has been blessed to know and love. "My best friend Marsha taught me that life can be short, so appreciate what you have and be thankful to the Good Lord for your blessings. My Good Lord has given me many!"

How we choose the Spotlight Employee

The spotlight employee is chosen by seniority one month, then by random drawing on alternating months.

Our Dedicated Staff

Years of Service Anniversaries for February



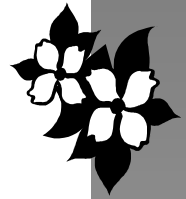
Mary Jo Palmer, Social Worker -18 years
Mary Jane Fryman, Activity Aide - 5 Years
Joe Berringer, Social Worker - 3 years
Barb Snyder, LPN -3 years

Cathy Ace, CNA -2 years
Rose Mathietson, Dietary Aide - 2 years
Laurie Brewer, Dietary Aide - 2 years
Janet Dionisio, RN -1 year



Chaplain's Chatter

Pastor Jack Patterson



Home Sweet Home

In our Thursday morning Bible studies here in Orchard Manor, we have been studying the texts which have to do with Jesus' life immediately following His birth. He lived in Nazareth together with the rest of His family for approximately 28 or 29 years. We know little of that part of His life except for His visit to the temple in Jerusalem when He was twelve years of age. Our last study session caused many of us to think of our own childhood homes and the towns in which we lived. I lived in three separate homes in eight years within the town that, I guess, I call 'home'. My family moved away from there 64 years ago. A return to that community reveals that all three houses in which we lived have been torn down and leaving two vacant lots and a double-wide house on the third

lot. Many changes have come to that small town that I used to call 'home'. The hymn writer Henry F. Lyte wrote in 1847, "Change and decay in all around I see; O Thou who changest not, abide with me." So, the homes that we used to live in may not be the same but we can be sure of two things:

- (1) It doesn't matter where we live today -- --if God is dominant in our lives it will still be 'home sweet home'.
- (2) There is a home (heaven) waiting for each of us where there is no change -- no decay ---and it will be for eternity our 'Home Sweet Home'.

Pastor Jack

Our Deepest Sympathy

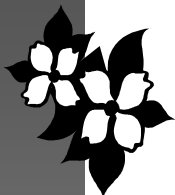
Everyone at Orchard Manor extends our heartfelt thoughts and prayers to the family and friends of the following Resident who recently passed away.

Mrs. Mabel McQueeney, 1/19



"Peace. It does not mean to be in a place where there is no noise, trouble or hard work. It means to be in the midst of those things and still be calm in your heart."

-Unknown



WELCOME! New Residents!

Mr. Ray Riddle, 1/2
Mr. Bruce Richmond, 1/8
Mr. Harlen "Curly" Miller, 1/8
Mrs. Ruby Sidley, 1/8
Mrs. Mildred McConnell, 1/9
Mr. Harold Kimmel, 1/10
Mrs. Grace Remaly, 1/12
Mr. Samuel McConnell, 1/16
Mrs. Kathryn Hockenberry, 1/24
Mrs. Lorraine Lambert, 1/29

New Staff!

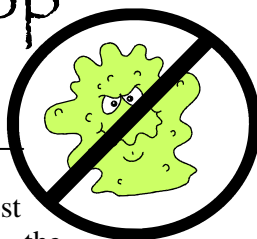
Amanda McFeaters, CNA
Melissa Miller, CNA

Best Wishes!

To the following Resident who was discharged from Orchard Manor to home.

Mrs. Angelina Corbin, 1/29

Help Stop Germs!



Handwashing is the most effective way to stop the spread of germs and prevent illness. To help keep our Residents and visitors healthy, we have installed Purell Foaming Hand Sanitizer Dispensers at the Front Lobby, Personal Care Entrance and Rear Entrances to the facility.

Valentine's Reminders

Just a reminder to all that Orchard Manor's Annual Valentine Sweetheart Dance is being held Thursday, February 8th at 7:00 pm in the Great Room. Admission is free and the dance is open to Residents, family members, staff and friends in the community. In place of an admission fee, non-perishable food items for the local food pantry will be collected at the door.

Also....

Orders for balloon bouquets are still being taken. They will be available for delivery to Residents' rooms or for pick up. The cost is \$4.00 each bouquet and orders must be made by February 12th. Please sign up on the sheet outside the hobby room. Proceeds benefit Orchard Manor's Activity Department.

Cookie Dough Sale



The Activity Department is holding a frozen cookie dough sale. The cost is \$11.00 per box and there are approximately 4 dozen individual portions in each box. The dough is available in 9 varieties: Chocolate Chunk, Monster, M&M, Oatmeal Raisin, Peanut Butter, Snickerdoodle, Sugar Free Chocolate Chip, Triple Chocolate, and White Chocolate Macadamia Nut. The sale is now through February 13th. All orders and money need to be collected by that date. The cookie dough will be available for pick-up on Wednesday, February 21st. Orders can be placed with the Activity Department by calling 724-458-7760 and speaking to Faith Mong.

A Note From the Administrator

Continued from page 1

gaining personal relationships with the staff. Congratulations not only to Norie, who has worked very hard to increase her mobility, but to all our Residents who put so much effort into meeting the challenges of their Restorative Program!

Please accept our apologies...

We would like to extend our apologies to the Residents and Family Members who joined us for the “Winter Fest” Dinner on Sunday, January 28th. It is my understanding that the dinner was not up to our usual standards, as far as portion size, running out of scalloped potatoes and a couple of other small, but important issues. While there were a number of guests who did not realize that the reservations they had made in December did not automatically mean that reservations were made for January, there were a number of other miscommunications with our internal operations. For these reasons, we would like to reimburse guests who had paid for their dinners on January 28th, and offer our sincere apologies for the disappointing dinner. As you know, we do strive to make all aspects of our Home as good as they can possibly be. When things are not as good as they can be, we are the first to admit it and to rectify the situation. Since the POA or contact person in our files may not necessarily be the person(s) who paid for the dinners, we are asking that guests please stop by or call and let Receptionists Linda Garner or Laura Cook know to whom the reimbursement should be made. Thanks to everyone for understanding and we look forward to serving our next family dinner with the high standards to which our Residents and guests have become accustomed.

Spring Cleaning

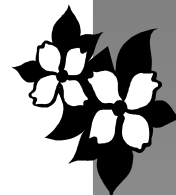
Our Housekeeping, Activity and Nursing Departments will be focused on “spring cleaning” during February and March. We’re asking that Residents and their families assist by removing unused items, such as seasonal decorations, by going through clothing stored in drawers and closets that may no longer be being worn, and by ensuring that any snacks are stored in air-tight, sealed containers.

Please check with staff members to see if clothing is being stored that no longer fits, Residents don’t like, etc. If clothing is not being worn because it is in need of minor repair, our “Sewing Room” staff will be happy to help with sewing on a button, hemming a pair of pants, etc. While you are going through clothing and other items, please make sure that our staff has labeled items and included them in our inventory. You may be surprised to know that on average, we do **a thousand pounds of laundry each day!** While occasionally an item does get lost or, unfortunately, ruined in the laundry, we diligently continue to try to eliminate such problems.

Diane Robinson, NHA
Administrator

Support Group Meeting

The Caregiver’s Support Group Meeting will be held Wednesday, February 21st at 10:30 am in the Front Solarium at Orchard Manor. The guest speaker will be Connie Morgan of Family Hospice Palliative Care and the topic will be “What is Hospice?”



Upcoming Events

- Feb 3 Buffalo Soldiers Performance
- Feb 4 Super Bowl Party
- Feb 5 Mary Kay Facials
- Feb 8 Valentine Magic Dance
- Feb 14 Valentine's Day Party
with Bonnie Campbell
- Feb 17 Valentine's Crafts
- Feb 23 February Birthday Celebration
- Feb 26 Barry Spiker and Friends
- Feb 27 Resident Council

For a more thorough list of activities and times, please see the calendar on pages 2 & 9.



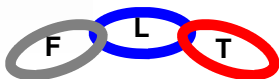
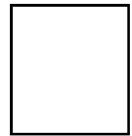
HAPPY BIRTHDAY!

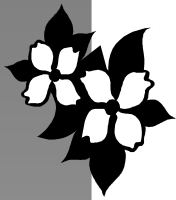
- 2/2 Ilo Riddle
- 2/6 Darlene Gibson
- 2/7 Raymond Kellerman
- 2/8 Keith Stewart
- 2/12 Pete Gomola
- 2/14 Tillie Bernath
- 2/14 Bob Myers
- 2/17 Sam Rust
- 2/21 Geraldine Kelly
- 2/21 Edith Leone
- 2/21 Phyllis Sapp



Orchard Manor, Inc.

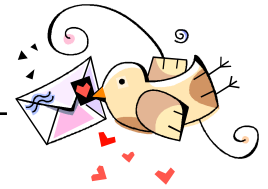
20 Orchard Drive
Grove City, PA 16127





Love Gifts

by Personal Care Resident, Virgie Bovard



A few years ago, I was visiting my grandson and his family in Dover, Delaware. One afternoon, a friend of my granddaughter's invited some friends to her house for "tea and chit-chat" - so she called it, and she was very gracious and invited me also! She was an older lady, much older than the girls she had invited. The subject of the holidays came up, Christmas, Easter and Thanksgiving. As we chatted on, Valentine's Day came up. One woman asked, "What was the best love gift you ever received?" The hostess got up and walked out of the room. She returned with a little box about four or five inches square. She placed it on the table and smiled, "That," she announced, "is mine." It was covered with elbow macaroni, spray painted gold, covered with little faux pearls. We all looked at it but no one said anything. It was one of those situations where "beauty was in the eye of the beholder."

Laughing, the hostess picked it up, opened the lid, and took out a piece of paper. It said, "This is a box of love. Whenever you need some, just open the lid and breathe in deeply. There will always be plenty, because it is from me—Clara." She took a deep breath and closed the box, placing it on the table. Then she told us when Clara was in third grade, she had made this for her in Girl Scouts. It was touching and cute, then. But she had never realized how much it would mean, now that she is married and lives so far away. "Pass the tissues, please." pleaded a misty-eyed friend, as we sat gazing at the gilded macaroni. "That's the sweetest thing I ever heard!"

There was a nod of agreement and then another woman spoke up. "My husband and I were given a wonderful gift a few years ago, by some creative friends." she said. Their

kids were six, four and two, and they were living on a shoestring—emotionally and financially. These friends invited them over for dinner on a Friday night. When they got to their house, however, there was a note on the door telling them to just come on in. Sue and Ben were in the kitchen and had a wonderful dinner prepared for them. They informed them they were giving them a romantic night out while they watched the kids! She said it was the most thoughtful and loving thing anyone had ever done for them. There was general agreement that Ben and Sue deserved a Nobel Prize for love!

"My love gift wasn't nearly so extravagant," interjected another friend. She went on to relate how she and her husband had grown apart over the years and, at one point, they had reached a place where it seemed love had died. She decided to take a trip to be alone and to think about their relationship. When she arrived at her destination, she opened her suitcase and found an envelope tucked in her clothing. As she opened it, out fell a photograph taken of them at their wedding reception. On the back her husband had penned, "Remember? I love you. Let's start over." She said she never finished unpacking. It was the beginning of a wonderful reconciliation. "Look!" she said, and pulled out of her purse and passed around the shop-worn photograph.

We all awed at the power of love—so simple and honestly expressed. We went around the circle then, each one sharing some love gift given by a friend or family member. I wish I could tell each and every one, but this is all I can remember! It was a delightful and up-lifting afternoon! It was good to recall the way we have been loved by others.

