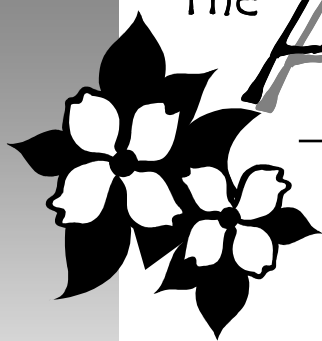


Orchard Manor Presents...



The

Apple Blossom

January 2007

Vol. II Issue 1

A Note From the Administrator

Happy New Year!

Diane Robinson, NHA
Administrator

Amber Morian-Gowetski, NHA
Assistant Administrator

Jodi Hoffman, RN
Director of Nursing

Mary Jo Palmer
Social Services/Admissions

Joe Berringer
Social Services/Admissions

Faith Mong
Activities Director

Judy Boyd
Accounting Coordinator

Verlynda Moyers
Business Office Clerk

Marlene Gaggini
Billing Office Assistant

Donna Roberts, CDM
Dietary Supervisor

Rich Tallis, CDM
Assistant Dietary Supervisor

Brian Begley
Housekeeping/Laundry Director

Scott Anderson
Maintenance Director

Linda Garner
Receptionist

Laura Cook
Administrative Assistant

Bonnie Hamilton
Transportation Coordinator

Cyndi DiBiase, RN
Quality Assurance Manager

Susan Crevar, RN
A-Wing Manager

Janet Dionisio, RN
B-Wing Manager

Tracey Cramer, LPN
Sunshine Way

The Board of Directors and Staff of Orchard Manor would like to take this opportunity to thank our Residents and their Families who have chosen Orchard Manor for Personal and Skilled Nursing Care. With that in mind, we'd like to reiterate our goal; our commitment to caring and providing the best possible care and services to our Residents.

One of the ways we are working to meet our goal is by developing a new inservice/education program for our staff members. The new program is designed to provide a fresh approach to our in-house classes, as well as to include a wide array of topics, such as specific disease processes. We're excited to have active and involved Resident and Family Council Groups, and hope to address topics of concern that will result in positive changes. As hard we try to make everything right, we acknowledge that at times there are areas in need of attention. However, we take pride in the fact that we do not ignore problems and will work diligently until issues are resolved.

Our Landscape Project, while appearing to be on hold for the winter, continues to receive attention in the planning and fund raising stages. The new web site for Orchard Manor is closer to being completed and promises to be quite exciting! Details of

the

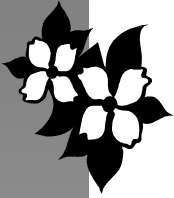
Annual Family Picnic in July are being reviewed, as are plans for the Valentine Sweetheart Dance next month and even the Christmas Party scheduled for next year!

The highlights of some of the ongoing plans, as well as "new" plans, are intended to relay that we are not "stagnant" and do not take our commitment to caring for our Residents lightly. We do appreciate the trust each Resident and their family has placed in Orchard Manor and we will continue to strive for perfection in 2007!

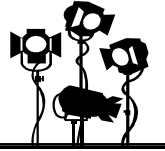


In This Issue

Welcome/Best Wishes	3
Valentine Dance	3
Valentine Fundraiser	3
Employee Spotlight	4
Dedicated Staff.....	4
Chaplain's Chatter.....	7
Sympathy.....	7
"Exercise Man"	8
Dinner Rescheduled	8



Employee Spotlight



Marsha Howard, CNA



Marsha Howard has been a CNA with Orchard Manor for six years. Marsha was born in Grove City, but moved to Kentucky when she was 2 years old. Six years ago she returned to Grove City.

Married at the age of 16, Marsha has 2 daughters and ten grandchildren. Her oldest daughter, Jaime and her husband adopted a Chinese baby girl three years ago.

One of Marsha's favorite things about her job is dressing the Resident's up nicely and feeding them their meals.

Despite being very shy, Marsha likes to spend time with her friends and does crossword puzzles in her spare time. She also likes to go to country music concerts and to travel.

Marsha's favorite memory is of her Dad returning home everyday from his job of driving a coal truck with a Hershey bar in his shirt pocket for her.

One goal that Marsha has is to see her granddaughter, Bridget attend RN school after her graduation in 2008. She also plans to take as many vacation cruises as possible!

Our Dedicated Staff



Years of Service Anniversaries for January

Donna Grossman, CNA
Activity Aide – 30 years

Diane Robinson, NHA,
Administrator—28 years

Karen Reynolds, CNA—28 years

Dottie Eaton, LPN—12 years

Rick Magee, LPN—11 years

Sue Myers, CNA—7 years

Sue Penna, LPN—5 years

Kim Rugh, CNA—3 years

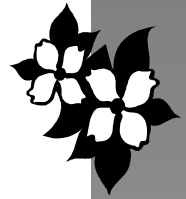
Sally Watkins, LPN—2 years

Shari Norris, LPN—1 year



Chaplain's Chatter

Pastor Jack Patterson



This is Someday

Besides the Gospels, the Book of James is probably my favorite book in the Bible. Its theme is "Faith Without Works Is Dead".

In chapter four, verses 13 and 14, we find these words: "Come now, you who say, 'Today or tomorrow we will go to such and such a city,' ---- whereas you do not know what will happen tomorrow. For what is your life? It is even a vapor that appears for a little time and then vanishes away."

Most of us are guilty when it comes to putting things off. We say, "Some day I'll do this --or-- some day I will accomplish that task." Some day! Some day! Some day!

Staying in Orchard Manor we no longer experience putting off physical tasks for, as residents, we are not asked to accomplish

some of the things we used to do. We still can put off doing some of the more important things such as: Getting into the habit of thanking Staff members for performing their routine acts --or getting better acquainted with the residents who live next door --or speaking to everyone in the hall --or trying to make friends with that person who doesn't speak to you!

We are facing the new year of 2007. So what better time is there to consider that TODAY is the 'some day' that God wants new habits to form? God wants us to put smiles on our faces and put into action our theme song which is "THIS is the day that The Lord has made."

Happy New Year from your Chaplain,
Pastor Jack

Our Deepest Sympathy

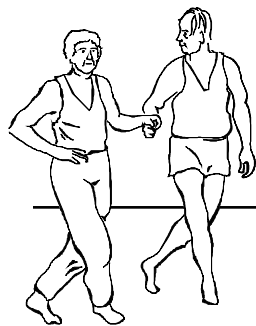
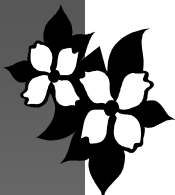
Everyone at Orchard Manor extends our heartfelt thoughts and prayers to the family and friends of the following Residents who recently passed away.

- Mrs. Mary Henson, 12/1
- Ms. Rachel Isacco, 12/11
- Mrs. Mildred Halasy, 12/11
- Mr. Walter Barnes, 12/15
- Mr. Joseph McGowan, 12/20
- Mrs. Shirley Martin, 12/22
- Mrs. Sally Purdy, 12/25
- Mrs. Lois Johnston, 12/25
- Mr. Robert Lucas, 12/27



"May you remember that though the roads we take can sometimes be difficult, those are often the ones that lead to the most beautiful views."

-Doris Dillon



“Exercise Man” Films at Orchard Manor

You may have noticed Paul “The Exercise Man” Gaudino filming his television show at Orchard Manor. Paul is the host and creator of the “Paul Gaudino Family Fitness Show.” Special editions of the show entitled “On the Move” have been filmed at various locations including Orchard Manor. The Orchard Manor episodes aired locally on Channel 19 on December 11th and 16th. They will air again in February.

In 2002, Guinness World Records dubbed Paul’s show as the longest running family

fitness show on TV. Once again he made Guinness last year as the longest running fitness show on TV, family or otherwise. This title was previously held by famous personality, Jack LaLanne.

While the “Paul Gaudino Family Fitness Show” is for all ages, it has a special audience with people who have physical limitations. The Tuesday show includes chair and wheelchair exercises. Paul says, “We want people to know we’re not just for the healthy but people who need help.”



Christmas Dinner Rescheduled

Due to the unfortunate timing of the stomach virus that affected our Residents and many others in the community, we have rescheduled our Family Christmas Dinner for Sunday, January 28th at noon.

We would like to extend an invitation to all family and friends to join us for a Family “Winter-fest” Dinner. We will be having baked ham, scalloped potatoes, peas, carrots and assorted pies. In order to order enough food, prepare the meals and have adequate seating, reservations will be required. The cost will be \$5.00 per plate and reservations must be made by Monday, January 22nd. If you would like to make a reservation, please speak with the Receptionist, Donna Roberts or Rich Tallis in Dietary.

Family Council Meeting

The Family Council Meeting will be held Thursday, January 18th at 2:00 pm and 6:30 pm in the Front Solarium at Orchard Manor. The guest speaker will be from Sharon Regional Hospital Hospice.

If you have any questions, please contact Mary Jo Palmer at 724-458-7760

Attention Family Members

When a new Resident arrives at Orchard Manor one of the things we do is make an inventory of all of their belongings. In order to keep our records accurate, when you add or remove an item from a Resident’s possession, someone must be notified. Any staff member can help with this. This system also prevents searching for items that family members have removed and are not actually missing. Thank you for your cooperation.

WELCOME! New Residents!

Mrs. Mary Cheman, 12/11
Mr. Walter Barnes, 12/12
Mr. Burton Laderer, 12/13
Mr. David Cook, 12/19
Mrs. Shirley Martin, 12/19

New Staff!

Margaret "Peggy" Falla, RN
Victoria McDonald, CNA
Christine Roberts, LPN

Support Group Meeting

The Caregiver's Support Group Meeting will be held Wednesday, January 17th at 10:30 am in the Front Solarium at Orchard Manor.

If you have any questions, please contact Mary Jo Palmer at 724-458-7760

Did You Know?

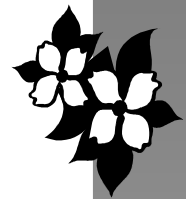
Effective January 29th, 2007 all motorists MUST turn on their headlights whenever they use their windshield wipers during inclement weather. This new law applies when wipers are fully on or in the intermittent mode. Violators will be fined \$25, but fees and other costs will increase the amount to \$100!

Also, motorists will suffer substantial penalties if snow or ice or their vehicle injures or kills someone. This is the first winter this law will be on the books. Spread this information to all PA drivers that you know. Don't get a ticket because you were not knowledgeable about this new law.

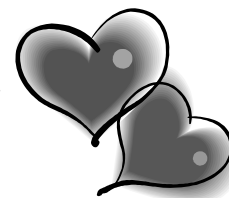


Valentine Fundraiser

Valentine's Day is fast approaching and we love this holiday! This year, along with the Valentine Sweetheart Dance, we also would like to bring a little cheer to the Residents' rooms. We will be selling balloon bouquets for Valentine's Day. Each bouquet will consist of one mylar and three latex balloons along with a decorative weight to top off the arrangement. The cost is rather inexpensive and they can be delivered directly to the Resident's room or picked up by an individual on Valentine's Day. The cost is \$4.00 and all proceeds go to the Activity Department to help fund the cost of special events. To place an order, sign up at the hobby room. The deadline is February 5th, 2007. This is a great way to brighten up anyone's Valentine's Day!



Valentine Sweetheart Dance



Get ready for Orchard Manor's Annual Valentine Sweetheart Dance! The event is free and open to Residents, family members, staff and friends in the community. As in the past, this event is planned in cooperation with students from Grove City College. In place of an admission fee, non-perishable food items will be collected at the door. The donations will then be distributed to food pantries serving Slippery Rock and Grove City Communities. The Annual Valentine's Dance promises to be a fun night out for everyone. Be sure to check out next month's newsletter for more information on the date and time of this year's program!

Upcoming Events

- Jan 5 Music with Pat
- Jan 5 Fashion Friday-wear a football shirt
- Jan 12 Special Bingo with Grove City Baseball
- Jan 12 Fashion Friday-wear a winter scarf
- Jan 13 Travel Adventure Cinema—Fiji
- Jan 14 Party for Veterans
- Jan 15 Casino Afternoon
- Jan 19 Fashion Friday-wear a Disney shirt
- Jan 26 Birthday Celebration with Patti Dawn
- Jan 26 Fashion Friday-wear your tassel cap
- Jan 28 Family “Winter-fest” Dinner

*For a more thorough list of activities and times,
please see the calendar on pages 2 & 9.*



Happy Birthday!

-
- | | | | |
|-----|----------------|------|----------------|
| 1/1 | Ina Wallwork | 1/14 | Mary Cheman |
| 1/2 | Jim Heasley | 1/17 | Estella Knauff |
| 1/3 | Clyde Pelton | 1/21 | Ruth Dillaman |
| 1/4 | Paul Moore | 1/21 | Helen Westlake |
| 1/5 | Ruby Allshouse | 1/26 | Jim Wilson |
| 1/8 | Wick King | 1/27 | Tom Felix |
| 1/8 | Melva Pelton | 1/31 | Dorothy Beach |
| 1/9 | June Albert | 1/31 | Dorothy Reed |



Orchard Manor, Inc.

20 Orchard Drive
Grove City, PA 16127

